



HOW ARE YOU TAKING CARE OF *you?*

- Eating real food
- Exercise
- Drinking water
- Sleeping 7-8 hours per night

#TAKEHEALTHYBACK

ENVIRONMENTAL TOXINS ARE **INCREASING**



FOOD QUALITY IS **DECREASING**

PRESERVATIVES

LESS NUTRIENTS

FLAVOR ENHANCERS

PESTICIDES

EMULSIFIERS

TRANS FATS

SYNTHETIC VITAMINS

ARTIFICIAL COLORS

GMO

GROWTH HORMONES



OXIDATIVE STRESS IS LINKED TO POOR HEALTH

Your best defense is
antioxidants

"In each human cell, the DNA is hit about 10,000 times a day by mutagenic oxidants."

Bruce Ames, Ph.D,
National Institute of Environmental
Health Sciences Center



DID YOU KNOW THAT TODAY'S MASS PRODUCED PRODUCE PACKS A *less* nutritional punch?

"Some varieties have lost 5%
to a whopping 40% of
their nutrient content."

Journal of
Horticulture
Science

We need
7-13 servings
of fruits and
vegetables
every day.

#TAKEHEALTHYBACK



Grow Good Health

TOWER GARDEN

The Future of Gardening

- Grow 30% more
- No dirt, digging or weeding
- 90% less water
- 90% less space

#TAKEHEALTHYBACK

Make One Simple Change

30 WHOLE FOODS



APPLE



ACEROLA
CHERRY



BEET



CRANBERRY



DATE



ORANGE



Orchard Blend



PINEAPPLE



PAPAYA



PEACH



PRUNE



BEET



BROCCOLI



BROWN
RICE



CABBAGE



CARROT



GARLIC



Garden Blend



KALE



OAT BRAN



PARSLEY



SPINACH



TOMATO



ARTICHOKE



BILBERRY



BLACKBERRY



BLACK
CURRANT



BLUEBERRY



COCOA



Vineyard Blend



CONCORD



CRANBERRY



ELDERBERRY



POMEGRANATE



RASPBERRY

DETOXIFY AND PROTECT

VS

Apple

#TAKEHEALTHYBACK

JUICE PLUS+ COMPLETE *shakes*



- Low glycemic load stabilizes blood sugar
- Vegan & non GMO
- Gluten & Dairy free
- Plant-based protein blend
- Powerful prebiotic fiber and oligosaccharides



45 WHOLE FOODS

PLANT Power



ACEROLA CHERRY



AMARANTH



ARTICHOKE LEAF



BILBERRY



BLACK CURRANT



BROCCOLI



CABBAGE



CHICKPEA



CONCORD GRAPE



DATE



ALFALFA SPROUT



APPLE



BEET



BLACKBERRY



BLUEBERRY



BROCCOLI SPROUT



CARROT



COCOA



CRANBERRY



ELDERBERRY



MUSHROOM



ORANGE



PARSLEY



PEACH



POMEGRANATE



PUMPKIN



RADISH SPROUT



RICE



SPINACH



TOMATO



OAT



PAPAYA



PEA



PINEAPPLE



PRUNE



QUINOA



RASPBERRY



SOY



SPIRULINA



YUCCA



GARLIC



GRAPE



KALE



GINGER ROOT



GREEN TEA



MILLET

JUICE PLUS+ *Omega* BLEND



Omega fatty acids support a broad array of health benefits — especially for the **HEART, BRAIN, JOINTS, SKIN, and EYES.**

- 100% plant-based, whole food nutrition
- Pure and sustainable
- Full spectrum omegas
- Cold-pressed
- Vegetarian capsules

#TAKEHEALTHYBACK

JUICE PLUS+ IS *Unique*



45 WHOLE FOODS

- Food label
- Phytonutrients
- Non-GMO Ingredients
- Dairy-Free
- Gluten-Free

NSF CERTIFIED

- 3rd party quality assurance

CLINICAL RESEARCH

- Over 35+ published clinical studies

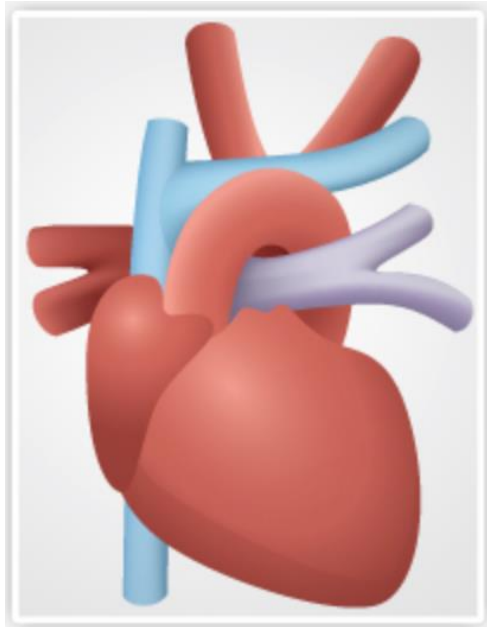
#TAKEHEALTHYBACK



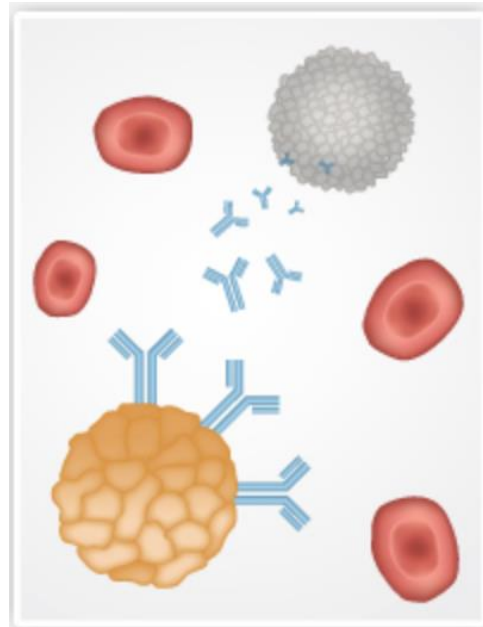
With over 30 published studies, Juice Plus+ is the **most researched** nutritional product in the **world**.

- + Academic Centre for Dentistry Amsterdam, The Netherlands
- + Brigham Young University
- + Charité University Medical Centre, Berlin, Germany
- + Georgetown University
- + Kings College in London
- + Medical University of Graz, Austria
- + Medical University of Vienna
- + Nemours Children's Clinic
- + Tokyo Women's Medical University, Japan
- + University of Arizona
- + University of Birmingham, England
- + University of California, Los Angeles
- + University of Florida
- + University of Maryland School of Medicine
- + University of Milan, Italy
- + University of Mississippi Medical Center
- + University of North Carolina-Greensboro
- + University of South Carolina
- + University of Sydney in Australia
- + University of Texas Health Science Center
- + University of Texas/MD Anderson
- + University of Witten-Herdecke, Germany
- + University of Würzburg, Germany
- + Vanderbilt University
- + Wake Forest University funded by the National Cancer Institute
- + Yale University-Griffin Hospital Prevention Research Center

Improves
Cardiovascular
Wellness



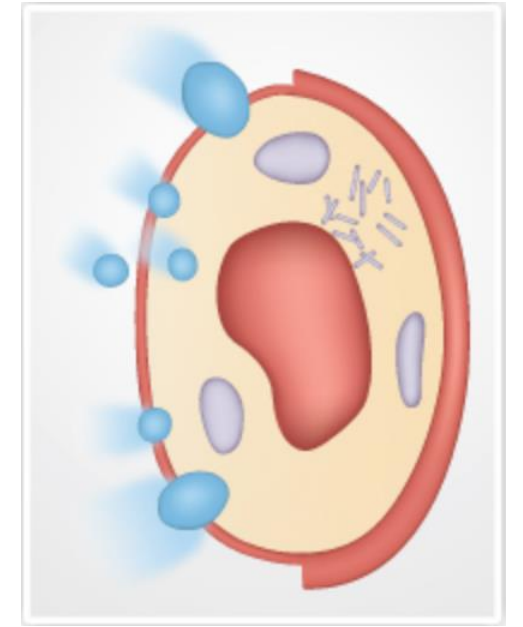
Supports
The Immune
System



Improves
Gum
Tissue



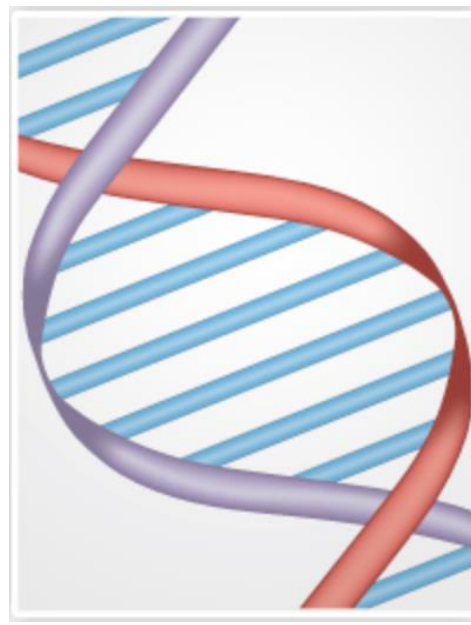
Reduces
Oxidative
Stress



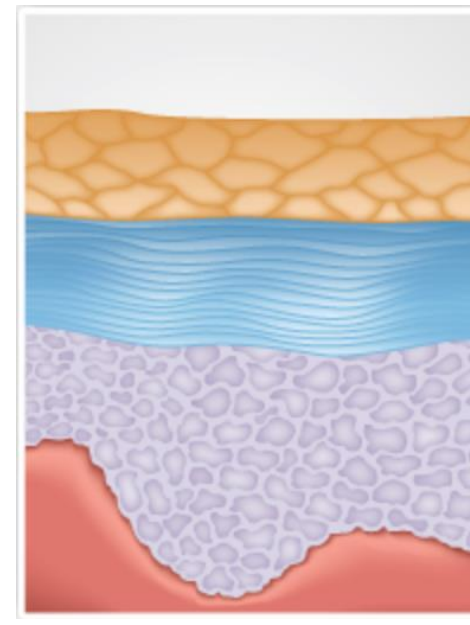
Reduces
Inflammation



Protects
DNA



Healthier
Skin



- + Insulin Resistance
- + Abdominal Fat Mass
- + Quality of Life
- + Lung Health



David Phillips, M.D.
Harvard University
All American swimmer
Wright State University
School of Medicine
Board Certified Emergency
Physician
Focus on Preventative
Medicine
Ironman World
Championships
Team USA

**"JUICE PLUS IS THE MOST
RESEARCHED NUTRITIONAL
PRODUCT IN THE WORLD
and optimizes human health and
performance at any level.
There is no comparison."**

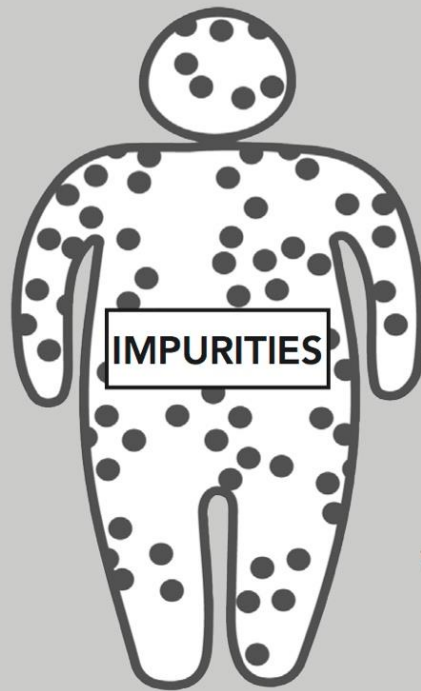
A close-up, slightly low-angle shot of a single, bright green apple with a short brown stem. The apple is positioned in the lower right quadrant of the image, partially overlapping the black banner at the bottom.

Eat more whole food

#TAKEHEALTHYBACK

DIETING OR OVER-EXERCISING

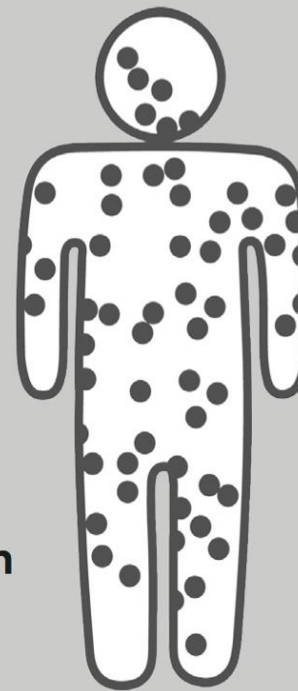
Stored fat enrobes toxins,
thus protecting vital organs.



Burn Fat

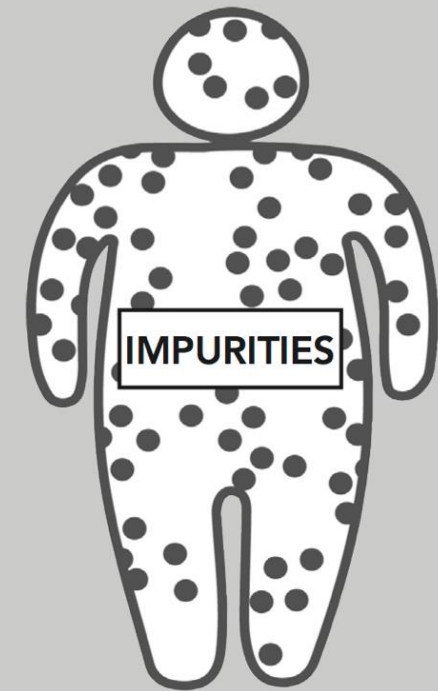
Dieting and exercise
without proper nutrition
stresses the body.

Burning fat exposes vital organs
to toxins. You feel worse.



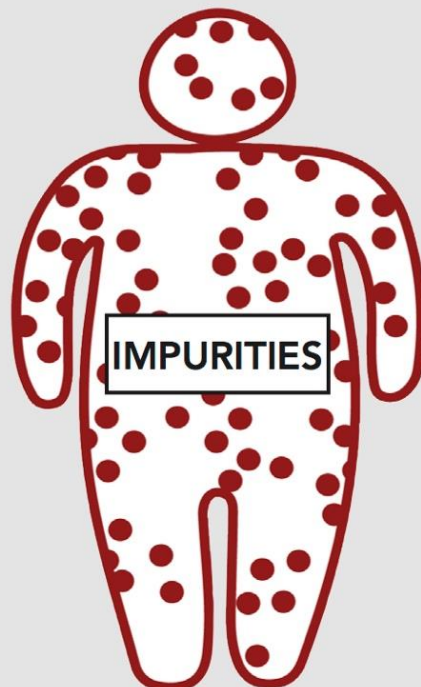
Rebound

Self-protection causes increase in fat
retention and fat production.



CLEANSING

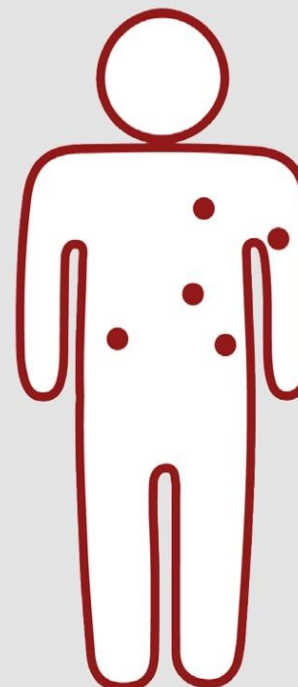
Stored fat enrobes toxins,
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Shed Fat

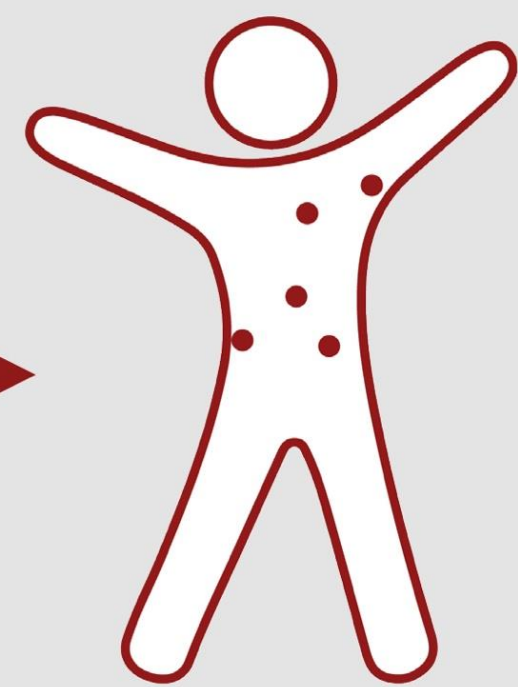
Cleansing gives the
body the nutrients it
needs to succeed.

"Shedding" fat is the
result of reduced toxicity.



Maintenance

Better overall health, less fat,
more muscle, and **NO REBOUND**.



TO GET STARTED, FOLLOW THESE GUIDELINES FOR **10 DAYS**:

ADD:

More Real Food

Juice Plus+® Trio Capsules Daily

2 Complete® Shakes Daily

Plenty of Water

Sleep 7-8 Hours

Exercise Most Days

ELIMINATE:

Gluten

Dairy

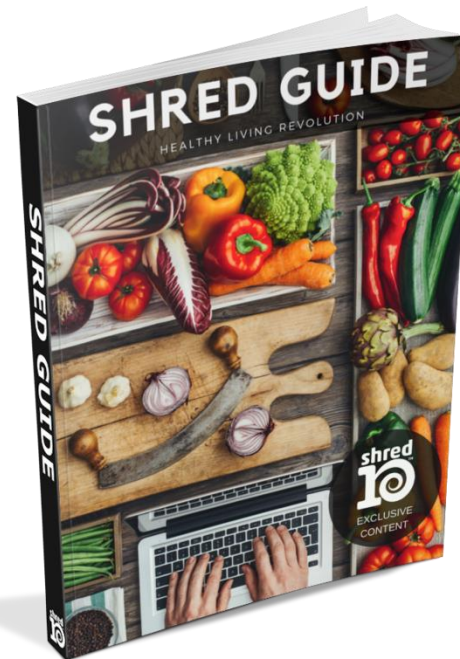
Caffeine

Alcohol

Processed Foods

Artificial and Refined Sugars

Eating After 6:00 p.m.*



WHERE DO **YOU** SEE YOURSELF GETTING STARTED?

BASIC PACKAGE*

\$137.75 / month
\$4.60 / day



Juice Plus+ trio capsules
and **one** shake per day
(chocolate - vanilla - variety)

PREMIUM PACKAGE*

\$171.00 / month
\$5.70 / day



Juice Plus+ trio and Omega
capsules and **one** shake per day
(chocolate - vanilla - variety)

SHRED10® PACKAGE*

\$237.50 / month
\$7.90 / day



Juice Plus+ trio and Omega
capsules and **two** shakes per day
(chocolate - vanilla - variety)

OR DESIGN YOUR OWN PACKAGE

* Eligible for free children's Juice Plus+

Findings from the Juice Plus+® Children's Health Study

After only one year on Juice Plus+®, parents reported that their children and teenagers:

