## Juice Plust Healthy Starts for Famlies Program

**NUTRITION** 

**FITNESS** 

## **HYDRATION**

**SLEEP** 

Fun and Support for the ENTIRE FAMILY in these "4 Core" areas. Videos and Tips plus Recipes and more! PLUS:

Each Child, age 4-18+ can receive FREE product with an Adult Sponsor on the Family Health Study\*

(Excludes Shipping and Tax. Study Participation Required)



One key component of the Healthy Starts for Families initiative is the Family Health Study. With more than 1.5 million participating families and nearly 20 years of results, the Family Health Study helps you document the lasting, positive effects of the changes you and your family make.

Sign up to participate and receive Juice Plus+ capsules or chewables for your child - free of charge:

for up to four (4) years as a study participant.

"We as a family are more aware of the responsibilities we have in eating good food to make our bodies healthier!"

Study participant

After beginning the Family Health Study, parents reported the following about their children:



**60%** were missing fewer days of school



66% were visiting the doctor less



**56%**were taking fewer over-the-counter and/or prescription drugs



**71%**were consuming less fast food and soft drinks



**71%** were drinking more wate



**61%**were eating more fruits and vegetables



"These results are based on 250,000 study respondents