

Word on Wednesday Bible Study
The First Step to Happiness
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THE FIRST STEP TO HAPPINESS

Matthew 5:3-12

1. THE POPULAR IDEA OF HAPPINESS:

- Having _____ (Ecclesiastes 2:1-26)
(Solomon) "I decided to enjoy myself and find out what happiness is..." (vs. 1 GN)

Dead Ends:

- Accumulating _____ (vs. 7-8)
- Experiencing _____ (vs. 3, 10)
- Achieving _____ (vs. 4-6, 9)
"All of it is meaningless, a chasing after the wind." (vs. 17)

2. GOD'S WAY TO HAPPINESS:

Having _____ (Matthew 5:3-12)

"The Beatitudes" - Eight Secrets of Happiness

"BLESSED" means _____

The point of these "contradictions":

My happiness is not determined by what's happening _____ me but rather
what's happening _____ me!

3. THE FIRST STEP TO HAPPINESS: _____

"Blessed are the poor in spirit for theirs is the kingdom of heaven." (vs. 3)

How Humility Increases My Happiness:

- It reduces _____
- It improves _____
- It releases _____

"God gives strength to the humble, but sets himself against the proud." James 4:6
(LB)

"Happy are those who know their need for God, for the kingdom of heaven is theirs!"
Matt 5:3 (Ph)

"Now that you know the truth, how happy you will be if you put it into practice!" -
John 13:17 (GN)