

Word on Wednesday Bible Study How to Heal a Broken Heart Pastor Kenneth Reece

How to Heal a Broken Heart *The Be-attitudes*

1.	Realize "The Lord is <u>close</u> to the brokenhearted and saves those who are crushed in
	spirit." Psalm 34:18
	Things I Need to Remember
	A. God is
	"You (God) keep a <u>close watch</u> on all my paths." Job 13:27
	B. God
	"The Lord is <u>good</u> , a refuge in times of trouble. <u>He cares</u> for those who trust in Him" Nahum 1:7
	C. God
	a. "Let us approach (God) with confidence, so we may receive mercy and find grace to help us in our time of need." Hebrews 4:16
2.	Release
	How?
	I must stop focusing on and start focusing on
	"Do not dwell on the past. See, I am doing a new thing!" (says the Lord) Isaiah 43:18



"Dear friends, never avenge yourselves. <u>Leave that to God</u>, for He has said He will repay those who deserve it." Romans 12:19 (LB)

Psalm 10 - Victim's Psalm

3.	Rely	on
		Three "Comforters"
	D.	God's
		"I am completely discouragedRevive me by your WordYour Word has been my comfort." Psalm 119:25, 52 (LB)
	E.	God's
		"The God of all comfort comforts us in all our troubles, so that <u>we can</u> <u>comfort others</u> with the comfort we ourselves have received from God." 2
		Corinthians 1:3-4
	F.	God's
		"May the God of hope fill you with all joythat by the power of the
		Holy Spirit, your whole life and outlook may be radiant with hope." Romans
		15:13 (Ph)