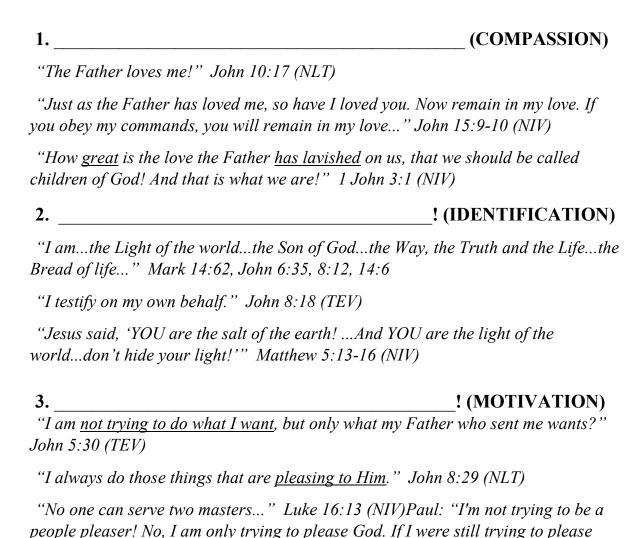


## Word on Wednesday Bible Study Strategies for Stressful Times: Jesus' Secrets of Resilience Pastor Kenneth Reece

"Since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily hinders our progress. And let us <u>run with endurance</u> the race that God has set before us. <u>We do this by keeping our eyes on Jesus</u>, on whom our faith depends from start to finish. Jesus was willing to die a shameful death on the cross because of the joy he knew would be his afterward. Now he is seated in the place of highest honor beside God's throne in heaven. <u>Think about all he endured</u> when sinful people did such terrible things to him, <u>so that YOU don't become weary and give up!</u>" Hebrews 12:1-3 (NLT)



people, I wouldn't be Christ's servant." Galatians 1:10 (NLT)



