



**Word on Wednesday Bible Study**  
**Balancing Life's Demands: Balancing Your Personal Life**  
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*Prov. 28:2 "A man of understanding and knowledge maintains order."*

*1 Cor. 14:32 "For God is not a God of disorder, but of peace."*

*Ecclesiastes 3:18 "There is a time for everything..."*

**GOD WANTS US TO LIVE BALANCED LIVES**

**I. THE PROBLEM OF IMBALANCE**

Most people tend to work on the \_\_\_\_\_ areas of their lives and let the \_\_\_\_\_ areas slide.

Am I "overexposed" and "underdeveloped"?

**2 Results**

1. F \_\_\_\_\_

2. F \_\_\_\_\_

## II. THE AREAS OF YOUR PERSONAL LIFE

*Jesus -- our example of perfect balance. Luke 2:52*

### The 5 Areas:

1. \_\_\_\_\_ Rom. 12:2
2. \_\_\_\_\_ 1 Cor. 6:19-20
3. \_\_\_\_\_ 2 Peter 3:18
4. \_\_\_\_\_ Gal. 5:22-23
5. \_\_\_\_\_ Rom. 12:16 & 18

## III. HOW TO GET STARTED

(in balancing your personal life)

1. \_\_\_\_\_ **INVENTORY**  
Prov. 14:8
2. **WRITE DOWN A** \_\_\_\_\_ **OF** \_\_\_\_\_  
Eph. 5:15-16
3. **ESTABLISH CHRIST AT THE** \_\_\_\_\_ **OF YOUR LIFE**  
Col. 1:15-17