



Word on Wednesday Bible Study

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“Known, Seen, and Sent by God” - Psalm 139

Psalm 139 is one of the most personal prayers in all of Scripture. This is not David talking *about* God; this is David speaking *to* God. He opens by saying, “O LORD, you have searched me and known me,” placing his entire life—thoughts, actions, and motives—before a God who already sees it all. This psalm speaks to a tension we all feel: the desire to be fully known and the fear of being fully seen. David reminds us that God’s knowledge is not divine surveillance, but covenant care. God knows our movements, our thoughts, and even our words before we speak them—not to control us, but to walk with us. David then declares that God’s presence cannot be escaped. Whether in the heights or the depths, in light or in darkness, God is already there. Even the places we try to hide become places where God proves faithful. Finally, David reminds us that God’s involvement in our lives began before we ever knew Him. We are “fearfully and wonderfully made,” created with intention and dignity. And because God knows us so fully, David will end this psalm by inviting God to search his heart—not to shame him, but to shape him and lead him in the way everlasting.

Psalm 139 calls us to live honestly before a God who already knows us fully and loves us completely.

1. GOD KNOWS ME _____ (PSALM 139:1-6)

“O LORD, you have searched me and known me.” vs. 1

THEOLOGICAL INSIGHT: God’s knowledge is not observational—it is relational and exhaustive. He knows actions, thoughts, motives, patterns, and potential.

- Sitting and rising (daily rhythms)
- Thoughts “from afar” (before they are formed)
- Words before they are spoken
- This is not surveillance; it is **covenant knowledge**.

Key Truth: You are not misunderstood by God—even when you misunderstand yourself.

2. GOD IS WITH ME _____ (PSALM 139:7-12)

“Where shall I go from your Spirit?”

THEOLOGICAL INSIGHT: This section affirms god’s omnipresence—his presence in every space and circumstance.

- Heaven and Sheol
- East (dawn) and West (sea)
- Light and darkness



Darkness does not hide us from God; it **reveals Him as light.**

Key Truth: There is no place you can fall where God is not already present.

3. GOD MADE ME _____ (PSALM 139:13-18)

“I praise you, for I am fearfully and wonderfully made.”

THEOLOGICAL INSIGHT: David affirms divine intentionality in human creation. Life is not accidental; it is authored.

- “Knitted together” implies careful craftsmanship
- “My frame was not hidden,” affirms dignity before birth
- “All the days ordained for me” affirms divine sovereignty

Key Truth: Your existence is evidence of God’s intention.

4. GOD SEARCHES ME _____ (PSALM 139:19-24)

“Search me, O God, and know my heart.”

This is the **turning point of the psalm.** After affirming God’s knowledge and presence, David **invites divine examination.**

THEOLOGICAL INSIGHT: God’s searching is not for condemnation, but for transformation.

- “Test my thoughts” — internal motives
- “See if there be any grievous way” — destructive patterns
- “Lead me in the way everlasting” — sanctified direction

Key Truth: Spiritual maturity is marked by the willingness to be examined by God.

Conclusion: Psalm 139 leaves us with a holy invitation. After declaring that God knows us completely, is present everywhere, and formed us intentionally, David does not run from that truth—he leans into it. He ends this psalm not with explanation, but with surrender: “Search me, O God, and know my heart.” That final prayer teaches us that intimacy with God is not built on hiding, but on trust. The same God who sees every thought, every step, and every season is the God who promises to lead us in the way everlasting. God’s searching is not for exposure, but for restoration; not to shame us, but to shape us.

Psalm 139 reminds us that we are never lost, never unseen, and never accidental. There is no place we can go where God is absent, no part of us He does not already



know, and no season of our lives He has not already accounted for. And because that is true, we can open our lives fully to Him. So the question Psalm 139 leaves us with is not, “Does God know us?” The question is, **will we trust Him enough to let Him lead us?** Will we invite Him to examine our hearts, remove what harms us, and guide us forward into the life He has prepared?

To pray Psalm 139 is to say, “Lord, I belong to You—search me, shape me, and lead me.”