



Word on Wednesday Bible Study

Pastor Kenneth Reece

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“GIRDED BY THE GOSPEL: FASTENED IN TRUTH”

Follow-Up Bible Study – Ephesians 6:14a

Series: Suited for the Struggle: Standing Strong in Spiritual Warfare

I. INTRODUCTION

Key Text: “Stand therefore, having fastened on the belt of truth...” — *Ephesians 6:14a*

Paul does not begin spiritual warfare with weapons, but with truth. Before believers are told how to fight, they are told how to stand.

Spiritual warfare is not about aggression — it is about _____.

Paul assumes believers are already positioned in Christ (Ephesians 1–3).

The issue is not where we stand, but whether we will _____ under pressure.

II. WHY TRUTH COMES FIRST

In Roman warfare, the belt:

- Gathered loose garments
- Supported the breastplate
- Secured the sword
- Stabilized the entire armor system

Without the belt, everything else _____.

Key Principle: Truth is not decorative — it is _____.

III. TRUTH REVEALS REALITY

The Greek word Paul uses for truth (*alētheia*) means: “That which is uncovered, unconcealed, and brought into the open as it really is.”

Truth in Scripture is not merely information — it is _____ as God reveals it.

Truth is never detached from God’s character:

- **God does not merely speak truth — He _____ truth.**

Jesus did not say, “I teach the truth,” but “_____.”



Truth Clarifies Three Realities:

1. Who God is — sovereign, _____, trustworthy
2. Who we are — chosen, redeemed, positioned _____
3. What the enemy does — deceives, accuses, and _____

Without truth:

- We mislabel the _____
- We misjudge our _____
- We misinterpret our _____

“For everything there is a season...” — Ecclesiastes 3:1

Key Insight: A season is not just a period of time — it is a divinely permitted _____ with a divine purpose.

IV. TRUTH RESTRAINS DECEPTION (15 minutes)

The belt did not add strength — it removed what could _____ the soldier.

Truth restrains deception by:

- Gathering our thoughts
- Stabilizing our emotions
- Preventing _____ thinking

“A double-minded man is unstable in all his ways.” — James 1:8

Unexamined beliefs often come from:

- _____
- _____
- Past wounds
- Even well-intended teaching

The enemy rarely attacks with outright lies — he prefers _____ truth.

“The most dangerous heresies are those that are closest to the truth.” — A.W. Tozer



When Truth Is Fastened, Three Things Happen:

- 1. We Discern Lies** _____
"My sheep hear My voice..." – John 10:27
- 2. We Endure Pressure** _____
"You will keep him in perfect peace..." – Isaiah 26:3
- 3. We Respond Instead of** _____
"Be quick to hear, slow to speak..." – James 1:19

V. TRUTH REINFORCES READINESS

The belt was tightened _____ the battle — not during it.

Readiness is not situational — it is _____, spiritual, and theological.

Loose beliefs cause _____.

1. Truth Produces Spiritual Sobriety

Sobriety in Scripture means:

- Clarity
- Alertness
- _____

Truth does not remove us from the battlefield — it shows us _____ to step.

2. Truth makes us Witness Readiness

"Always be ready to give a defense..." – 1 Peter 3:15

Truth does not make us loud — it makes us _____.

VI. CLOSING REFLECTION

Truth does not just keep us standing — it keeps us _____.

When truth is fastened:

- Lies lose their _____.
- Confusion loses its _____.
- Fear loses its _____.



A believer girded in truth is not frantic, not confused, and not fragile. Truth holds us together, steadies our steps, and prepares us to stand, speak, and serve—no matter the season.