



# WELLNESS CONNECTIONS

## (Southeastern Arizona Consumer-Run Services)

**General Services:**

Peer driven, support and rehabilitation programs serving adults with mental health and substance abuse issues. Transportation services include trips to scheduled medical appointments, court and probation appointments, employment-related connection to community resources, educational and program-sponsored social activities.

**Applicant Status:** Private/Non-Profit 501(c)3 under the corporate name Southeastern Arizona Consumer-Run Services, Inc.

**Primary Service Areas:**

Cochise, Santa Cruz, Graham, and Greenlee Counties

**Service Days/Hours:**

Mon-Fri 8:30 am – 4:00 pm

**Transportation Funding**

**Sources:** 5310, General and Operational Funds

**No. of vehicles:** 16

**No. of vehicles under lien:** 6

**No. of service sites:** 4

Sierra Vista – 1, Safford – 1, Douglas – 1, Nogales - 1

**Providing transportation services since:** 2002

**Annual Ridership:** 17,452

**Contact:**

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Wellness Connections is a non-profit 501 (C) 3 organization that serves adults with mental health disabilities; including members with co-occurring developmental, physical or substance abuse related disabilities. Wellness Connections also features a mobile outreach service for outlying communities within the regions we serve. Currently, our programs serve individuals enrolled in the Arizona public behavioral health system of care ACC Plans (Arizona Complete Health, Banner Health/UAHP), RSA-Vocational Rehabilitation clients, and ALTCS-enrolled members (Banner Health/UAHP).

Services provided through Wellness Connections are delivered on a 1:1 basis or within groups led by certified peer specialists and counselors. Programs provide members with opportunities to enhance their mental health and wellness, achieve goals for personal growth and increase their ability to live as independently as possible in the community. Services include counseling, peer support, health groups, life skills, pre-vocational training, job coaching and transportation assistance. Wellness Connections provides Reentry support and services through coordination with Drug Court and Probation in Santa Cruz County, Mental Health Care Court and Probation in Graham County, Care Court, Drug Court and Probation in Cochise County.

Wellness Connections staff work in close collaboration with other local agencies to ensure transportation and other needs of our members are met. The staff participates in bi-monthly regional coordination meetings. All staff providing transportation services are required to complete PASS driver training, CPR and First Aid training. They have also received training in psycho-social rehabilitation and peer support.

We have a need for operational and maintenance support in order to ensure our capacity to deliver our services throughout Cochise, Santa Cruz, Graham and Greenlee counties. In order to meet the needs of our members, we will need to maintain the fleet, and coordinate/facilitate fleet management. Our older vehicles are becoming increasingly costly to maintain, due to frequent repairs, irregular road maintenance, primitive roads and longer commutes in the rural areas. Wellness Connections serves an area that covers approximately 13,400 sq. miles predominantly rural and frontier.