

## Gym Rules

\*Only children under the age of 18 allowed on the equipment

\*No food, drinks or shoes allowed in the gym.

\*Be respectful of the equipment

\*Clothing must be free of buttons, snaps, or zippers and NO Jewelry of any kind may be worn

\*Hair must be pulled back in a ponytail—boys and girls!

\*You may bring your own music but instructor must control the stereo.

\*One child at a time on the trampoline and no flipping allowed

\*Follow the one way signs on the tumble trak and adhere to any other instructional signs

\*Feet first only into the pit and no burying yourself or your friends.

Sorry adults, ALCOHOL and DRUGS are not allowed inside or outside of the gym!

**BE SAFE AND HAVE A BLAST!!!**



Everything you need for an awesome party!

Dedicated Party Room

Giant Facility with Room to Run!

Trampoline and Tumble Trak

Foam Pit

Swinging Rope

Games

All in a safe and clean environment

**Calling all sports teams! These events are perfect for your year-end gathering. No birthday is required to host a fun-filled party!**

**900 Golden Gate Terrace, Suite E  
Grass Valley, CA 95945**

**[www.goldcountrygymnastics.com](http://www.goldcountrygymnastics.com)**

**Phone: (530) 273-3680**

**Fax: (530) 273-7156**

**E-mail:**

**[info@goldcountrygymnastics.com](mailto:info@goldcountrygymnastics.com)**

**Have a Blast  
at your next  
Party!**

*Fun, Fun and  
More Fun!*

**Gold Country**  
Grass Valley **GGG** California  
**Gymnastics**

***A Great place for  
Sports team  
parties, too!***

**CALL TO  
RESERVE YOUR  
PARTY TODAY!  
530-273-3680**

Kids of all ages love to have their parties at GCG. Our instructors work with you to make your child's party a fun-filled day for everyone.

Our instructors will organize and facilitate games, activities and free play based on what your child's interests are.

\*\* Our parties are so popular, we book out months in advance, so call early to reserve your next party.



## Schedules

Each party is two hours long!  
You will have use of the gym for the first 1 1/2 hours and the party area for the last 1/2 hour.

Parties are available on the following days & times:

### Fridays

1:00pm— 3:00pm

### Saturday & Sunday

10:00am—12:00pm\*\*\*

11:30am—1:30pm

1:00pm—3:00pm

2:30pm—4:30pm

4:00pm—6:00pm

\*\*\*Sunday only

## Pricing

The price for each 2 hour party is \$200.00. A signed Birthday Party Contract & \$50 non-refundable deposit is required to book your party. The price includes use of the refrigerator & freezer, tables & chairs and table clothes. All you need to bring is your food and any decorations & paper goods. We do the clean-up!

The party price includes 15 children with a \$10.00 charge per extra child.

**Current members receive  
a \$25.00 discount!**