

Gym Rules

*Only children under the age of 18 allowed on the equipment

*No food, drinks or shoes allowed in the gym.

*Be respectful of the equipment

*Clothing must be free of buttons, snaps, or zippers and NO Jewelry of any kind may be worn

*Hair must be pulled back in a ponytail—boys and girls!

*You may bring your own music but instructor must control the stereo.

*One child at a time on the trampoline and no flipping allowed

*Follow the one way signs on the tumble trak and adhere to any other instructional signs

*Feet first only into the pit and no burying yourself or your friends.

Sorry adults, ALCOHOL and DRUGS are not allowed inside or outside of the gym!

BE SAFE AND HAVE A BLAST!!!



Everything you need for an
awesome party!

Dedicated Party Room

Giant Facility with Room to Run!

Trampoline and Tumble Trak

Foam Pit

Swinging Rope

Games

All in a safe and clean
environment

Calling all sports teams! These events are perfect for your year-end gathering. No birthday is required to host a fun-filled party!

**900 Golden Gate Terrace, Suite E
Grass Valley, CA 95945
www.goldcountrygymnastics.com**

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**Have a Blast
at your next
Party!**

*Fun, Fun and
More Fun!*

Gold Country
Grass Valley **GGG** California
Gymnastics

***A Great place for
Sports team
parties, too!***

**CALL TO
RESERVE YOUR
PARTY TODAY!
530-273-3680**

Kids of all ages love to have their parties at GCG. Our instructors work with you to make your child's party a fun-filled day for everyone.

Our instructors will organize and facilitate games, activities and free play based on what your child's interests are.

** Our parties are so popular, we book out months in advance, so call early to reserve your next party.



Schedules

Each party is two hours long!
You will have use of the gym for the first 1 1/2 hours and the party area for the last 1/2 hour.

Parties are available on the following days & times:

Fridays

1:00pm— 3:00pm

Saturday & Sunday

10:00am—12:00pm***

11:30am—1:30pm

1:00pm—3:00pm

2:30pm—4:30pm

4:00pm—6:00pm

***Sunday only

Pricing

The price for each 2 hour party is \$200.00. A signed Birthday Party Contract & \$50 non-refundable deposit is required to book your party. The price includes use of the refrigerator & freezer, tables & chairs and table clothes. All you need to bring is your food and any decorations & paper goods. We do the clean-up!

The party price includes 15 children with a \$10.00 charge per extra child.

**Current members receive
a \$25.00 discount!**