



Field Trip Contract

Thank you for choosing Gold Country Gymnastics for your Field Trip!

This contract is being provided so that your day can be a success. We are very excited that you will be joining us and our goal is for everyone to be happy and have a great time. Please read over carefully so you will know what to expect on your Field Trip day and return a signed copy to finalize your reservation.

We will also need a waiver signed by the parent of each child attending. A copy has been enclosed for your convenience.

Field Trip Information

Date: _____ Time: _____

School Name: _____ # Kids _____

Address: _____ Age Range _____

City, State, Zip: _____ Phone #: _____

E-mail: _____

I understand that the deposit is Non-Refundable & Non-Transferable and have read & understand the attached Field Trip policies.

Initials

Authorized Signature

Date: _____

For Office Use Only: Amount Paid : _____ Email Sent: _____
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Gold Country Gymnastics Field Trip Policies

General Cost and Responsibilities

Fieldtrip Cost: Cost of the field trip is \$10 per child with a minimum charge of \$100. A non-refundable deposit of \$100 is due at booking, balance is due the day of the field trip. Please contact the office should you need to make alternative arrangements. An estimated headcount should be provided at time of booking field trip, a final headcount is required 7 days prior. If a headcount is not provided 7 days prior, payment will be expected based on original estimated count or actual headcount, whichever is greater.

What to Expect on your Field Trip day

What you can expect from Gold Country Gymnastics: We will provide one coach for every 8-10 kids to help you and maintain safety while on the equipment. We will need the school to provide one adult for every 10 kids to assist in guiding them throughout the gym and assist us with any special needs of the children. Our coaches will instruct the kids for 1 hour on various pieces of equipment and then allow 30 minutes of free play.

What we expect from you: All children must arrive with a completed waiver form, signed by a parent or guardian. Please be sure all guests wear comfortable gym attire: no jeans or jean shorts, no buttons, snaps, zippers, jewelry or sharp objects. This is for the safety of both the children and our equipment. All guests must remove shoes. Please be sure the children are NOT wearing socks. We find that the equipment is too slippery with socks on. Any persons over the age of 17 are not permitted on the equipment.

No alcohol/drugs are allowed anywhere in or near the gym. Please do not allow any guests to leave alcohol/drugs in their cars and leave the field trip to imbibe. No smoking in or about the gym.

At the start of the field trip, we will meet on the floor to warm-up, stretch and go over a few rules of the equipment with the children for everyone's safety. For the first hour, we will guide them through stations that will expose them to various skills and pieces of gymnastics equipment. We will take a short water break and will then meet back on the floor to talk about free play and reminders of certain rules. For the last half hour, we will leave them to enjoy free play.

We strive to provide a wonderful experience for you and your guests. We want to do this in a safe and fun environment. If you have any questions and or concerns, please call us at 530-273-3680 and we will be happy to assist you.

We look forward to seeing you and being a part of this special day having fun and making lasting memories.



AGREEMENT, INFORMATION AND RELEASE OF LIABILITY

I am aware that gymnastics involves potentially hazardous situations and I am voluntarily permitting my child to participate in the activities with the knowledge of the danger involved. I hereby agree to accept any and all risks of injury to him or her that may result therefrom. In addition, I hereby acknowledge and agree to release, defend, indemnify, and hold harmless Gold Country Gymnastics (GCG), it's employees, principals, and agents and assume full responsibility for any loss or damage for any claim, lawsuit, or demand for loss or damage on account of injury or death whether caused by the sole, active, or passive negligence of GCG, it's employees, or agents while he or she is participating in any way in any instruction or activity.

_____ **Field Trip on** _____ **at** _____
Organization (Date) (Time)

This is an active participation field trip - please wear gym appropriate clothes - no jeans, no long sleeves, no sweatshirts, no buttons, zippers, snaps or skirts. Children will be barefoot when in the gym.

_____ (please complete one per child)
STUDENTS NAME

_____ PARENT'S NAME (PRINTED) _____ PARENT'S SIGNATURE

_____ PARENTS # _____ EMERGENCY # _____ DATE