## Possible results



## package A:



- 1. Better concentration ability
- 2. More flexible joints
- 3. More energy available
- 4. More focus and direction
- 5. Improved stamina
- 6. Less muscle cramping
- 7. Easier to cope with stress
- 8. Calmer heart rate
- 9. Better absorption of food & release of 'toxins'
- 10. Calmer in the head
- 11. More relaxed and generally better sleep as a result
- 12. Better peace of mind & willpower due to more energy
- 13. Less influenced by 'external' factors
- 14. Improved defenses and resistance (immune system)
- 15. Improvement of metabolism



Increase energy & improving immune system