

## Why Deep Sleep?

Nowadays, our nervous system has become overloaded with 24/7 EMF radiation and the constant bombardment of information we are exposed to on a daily basis. With Deep Sleep, our nervous system and thought flow comes to rest and a quality night's rest is possible again.

## **How does Deep Sleep work?**

Deep Sleep relaxes the nervous system (also for external influences). Reduces the constant flow of thoughts. With Deep Sleep you sleep deeper and your body and mind become more relaxed, allowing you to better enter the Delta state and improve the quality of sleep.

It is not a sleep medication, but supports your body and mind to achieve the desired rest, contains 100% natural ingredients and is therefore non-addictive.

## Repairing effects of Deep Sleep:

Deep Sleep has reparative qualities in addition to those mentioned above: such as repairing damaged brain cells due to prolonged nervousness, balances blood pressure allowing the body to calm down more and strengthens the immune system.

## Intake suggestion from an adult (>12yrs):

Take 3 grams of powder and make a small paste. When well dissolved pour the glass full of warm water. Stir well.

Intake time: between 10 minutes & 1 hour before bedtime

Extra suggestion: take before DS Cell Protect Super Mag and after DS the SoLi Alkaline/ Electrolyte Balance for deeper sleep for overall regeneration of body and mind.

Energy Exchange Deep Sleep 100 gr powder € 29,-

A private initiative see the notice on <u>www.healthyvitalizers.com</u> & <u>forever-vital.com</u> & <u>emvenergie.info</u>