

<< (Click)

How to STOP the

Food P-O-I-S-O-N-I-N-G!

World Renowned MD // Author // Nurtitionist,
Dr. John A. McDougall, MD - Educates us on
How we can CURE the FOOD POISIONING we
are SO Addicted to in our Dangerous D-I-E-T-S!

COLOR PICTURE BOOK - This is the famous Online TOOL that Dr. John McDougall published - to really HELP people understand, and <u>see</u>, the Good / the Bad / the Ugly - of the FOODS we should - and <u>should not</u> - be eating - to be truly H-E-A-L-T-H-Y. (Click) >

Over his 40+ years of Medical Practice, he [and his wife, Mary, an RN] - have helped tens of thousands of patients - and the general public - to "gain" their health & wellness - and, to "reverse" much of the

public - to "gain" their health & wellness - and, to "reverse" much of the sickness and the diseases that they were suffering greatly from [including a number of <u>cancer</u> illnesses]!



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Lecture - Watch <u>Dr. McDougall</u> give a most 'compelling' talk recently <u>about</u> <u>FOOD POISONING</u> - and his COLOR PICTURE BOOK - to an appreciative group of doctors, & others! He does <u>not</u> "mince words!" He

also condems ANIMAL FARM "emissions" as a major contributor to our Climate Crisis!

His many [best-selling] Books - his sought-after Lectures - and his Videos, provide a huge AWAKENING for his large following - see what Y-O-U think. NO, changing our OLD, unhealthy eating habits is <u>not</u> easy. It takes **(Click)** > discipline. YES - "giving UP" some of the [BAD] things we've CRAVED, for years - may be rough - and this may NOT be for Y-O-U II practice about **90**°



Dr. McDougall's Color Picture Book

"Food Poisoning"

How to Cure It

by Eating Beans, Corn, Pasta,

Potatoes, Rice, etc.*

years - may be rough - and, this may NOT be for Y-O-U [I practice about 90% of this]! However, with the "right kind" of Nutritional Supplements + his many healthy RECIPIES [see Menu Planner] - our vitality will improve, greatly! Our HEALTH is our most precious ASSET, on planet earth!

OTHER "Food Poisionings"! - TOXIC Metals in our Baby Foods! >>>>> Click HERE.