!CULPRITS!



Yes, THESE <u>are</u> Causing MANY of our MAJOR DISEASES!

Our ever increasing => <u>DIET</u> of FAST FOODS <u>is</u> causing more & more:

Heart Attacks ... Strokes ... Cancers ... Diabetes ... Obesity ... Ulcers ... Kidney Didease ... Lupus ... Pellagra ... Scurvy ... Rickets ... Depression ... Osteoporosis ... Hypertension ... Goitre ... Gastroenteritis ... Night Blindness ... on ... and on ... and on ... K.I.L.L.I.N.G far too many of today's population!

Meat / Dairy / Eggs / Oils / Salt / Fats / Sweets = the "main ingredients" used in FAST FOODS!