



OFF SEASON PROGRAM

BMFOOTBALLCOACH.COM



QUICK OVERVIEW

Training programs available for players who want to train individually, pairs or small groups of three/four like minded players.

Sessions include pitch based conditioning, technical exercises and position specific practices.

The program is available to players who are within the professional game that have a real hunger for investing their time into improving their performance.

We focus on using real data from the highest level and analysis of your performances combined together to create tailor made drills before you even arrive to train.

The goal is to keep you one step ahead of the rest.



THE PROGRAM

Program opens from Tuesday 28th May 2024 and will be available till mid July 2024.

Pitches can be sourced by us using various venues that all include full size goals on either 4G or grass surfaces. Please be aware that prices are different for certain type of pitch quality and surfaces.

Available to travel to private venues, training grounds and support players abroad who want to link their training program with their holiday plans.

Training durations can vary from 60 minutes to 90 minutes and will all include physical, technical and tactical coaching. The sessions will help you feel sharper, move efficiently, make better decisions and help you become more productive in your position.

Additions:

GPS tracking if required.

On pitch technology for live feedback.

No photographers/videographers on our behalf, players are welcome to organise and bring their own.

Drone available for session analysis.

We have a selection of goalkeepers that are always available to train with us.

CLIENTS.

ANTHONY ELANGA.

KOBBIE MAINOO.

CALLUM STYLES.

RYAN RYDEL.

ALEX LOWRY.

DANIEL GORE.

BEN WOODS.

DMANI MELLOR.

RYAN NYAMBE.

DANNY WELBECK.

CHARLIE MCNEILL.

SAM MATHER.

GEORGIE GENT.

MASON GREENWOOD.

KELLY N'MAI.

MAXI OYEDELE.

KANE HOSLER.

CHANKA ZIMBA.

CALLUM DOYLE.

MARK HELM.



PRICING & CONTACT INFO

Individual

60 minutes: £90.00 plus pitch fee

90 minutes: £135.00 plus pitch fee

Pairs

60 minutes: £50.00 plus pitch fee

90 minutes: £75.00 plus pitch fee

Three & Four Player Small Groups

60 minutes: £35.00 plus pitch fee

90 minutes: £40.00 plus pitch fee

For your own personal individual bespoke off-season training plan please contact directly to discuss.

The above prices are for morning prime time slots.



CONTACT INFO

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