# Frozen Chosen

Beginner – ages 0-2

All nature testifies to the love of God.

God has put his stamp of love on every flower, blade of grass and puff of cloud and urges us to go and find Him out in nature.

Young children are drawn to animals and the natural world. They are especially interested in amazing facts.

This lesson links amazing nature facts with lessons about God's love in a fun, interesting and musical way.

Connect kids with their Creator, by teaching them about God through nature!

**O**BJECTIVES

The Children will:

- Learn interesting facts about animals
- See God as the Creator of all things
- **Recognise** God's love in the natural world
- Develop a love for exploring the natural world

Message

God is Everywhere

# **ARRIVAL ACTIVITIES**

Αсτινιτγ	MATERIAL NEEDED		
Cotton Ball Play	Hide items in a bowl of cotton balls for children to find.		
Rice Play	Fill a large container with rice. Have water play equipment for children to play with. Scoops, funnels, sieves etc.		
Puzzles	Arctic animal puzzles		
Soft Toys	Soft seals, polar bears, penguins etc		
Threading	Large (non swallowable) beads or cotton reels with large holes. Shoe laces for threading.		
Drawing Table	Cover a table that is child height with butcher paper – sticky tape to table so the paper doesn't move (rolls can be purchased from Newspaper printers). Put crayons on table and allow children to draw all over paper.		
Playdough	Playdough, rollers, cutters. Coloured matchsticks are fun to stick into playdough balls – result look like sea urchins.		
Collage Box	Fill a container with collage items – glue, sticky tape, scissors, paper plates, toilet rolls, stickers, cellophane, glitter, cotton balls etc. Allow children to create.		
Water in bottles	Fill clear plastic bottles with coloured water. Add various items to the bottles – glitter, oil, stones Also half fill some bottles with coloured water and add detergent. Children explore bottles tipping/shaking. <b>Hot glue lids on to prevent spilling.</b>		
Musical instruments	Cymbals, tambourines, shakers, tick tock sticks, triangles		
Arctic animal books	<ul> <li>Non Fiction books with lots of pictures</li> <li>Libraries are a great place to get these books.</li> <li>Board books are also good for this age.</li> </ul>		
Blocks	The largest Duplo blocks are best for this age.		

# **ROOM DECORATION**

- Hang a large blue tarp on wall.
- Cut snow and ice shapes from large pieces of white cardboard and attach to tarp.
- Find pictures of arctic animals from internet and print out.
- Place the animals in different places on blue tarp and cover the picture with a ice cube shaped piece of white cardboard these pieces of cardboard will be removed throughout the program.
- Hang coloured fairy lights best effect would be to spread them around a fishing net.
- Large white Styrofoam boxes placed around the room add a good 3D effect these can be gotten from Fruit markets (broccoli boxes)
- Helicopter made out of a large dishwasher box cut holes for door and windows so children can look out.

# **PROGRAM OVERVIEW**

PROGRAM SECTION		Αсτινιτγ	MATERIAL NEEDED
Arrival Activities	up to 10	Various play activities	See Arrival Activities section
Adventure Program	Approx 35	Great Big Warm Hello	Actions
		Warm on Inside	Hearts
		Frozen Chosen	Clapping
		Choppa Choppa	Helicopter/pinwheels
		He's Got His Eye on You	Binoculars
		Balls of Snow	Bucket; White whiffle balls
		Following the Son	Reindeer Antlers/actions
		Emperor and King	Actions
		Nuffin like a Puffin	Fishing rods
		Seal of Approval	Actions
		Just Sing!	Musical Instruments
		Warm as Toast	Blankets
		Tern Tern Tern	Actions
	Lift up your eyes	Rainbow sticks	
		Snowflake like You	Mirrors, squirt bottle
		Blanket of Snow	Large white sheet
		Everywhere Man	Helicopter/Pinwheels
		Bible Story	Gracelink Beginner Lesson
CRAFT	Approx 15	Craft	See Craft Section

#### **1. GREAT BIG WARM HELLO**

Say: Good morning everyone. Boy it's a bit chilly this morning. I wish I could warm myself up a bit. Why don't we try blowing in our hands see if that warms us up.

Blow in your hands (*Blow in hands*) And wave a warm hello Put a smile on your face (*Fingers around mouth moving upwards*) To set your heart aglow Then shake the hand of someone next to you (*shake hands with child*) And give them a great big warm hello (*wave and smile saying hello*)

#### 2. WARM ON THE INSIDE

Say: That feels a bit better, but I don't think that I can keep blowing in my hands all day and every time I stop, they get cold again. We need to warm up from the inside and I know how. We need to ask Jesus to live in our heart. When Jesus lives in your heart, He lights a fire deep inside. And a fire from heaven will keep you warm no matter where you are, or how cold it is outside. Do you want Jesus to light a fire in your heart and warm you up on the inside? give out hearts

You can be warm on the inside When it's cold on the outside If Jesus lives deep inside of you Yes you'll be warm on the inside When you're cold on the outside Cause Jesus lights a fire Deep inside your heart

Say: Dear Father in Heaven, please come and light a fire in our hearts today, so that your love can warm us up on the inside. We love you Jesus and thankyou for loving us. In Jesus name – Amen

Choose an offering song and collect offering here – using a butterfly net.

#### 3. FROZEN CHOSEN

Say: Well, now that we know how to stay warm, I think we are ready to head off on our adventure in the snow. It's going to be so exciting. Do you think we will really find some animals living in the snow? It's hard to believe that anything could live where it is just so cold. I like to call them the Frozen Chosen. The animals that God especially designed to live amongst the snow and the ice. Let's go meet the Frozen Chosen. *Clap along.* 

We'll meet the frozen chosen The animals on the ice Oh yes the frozen chosen Amongst the snowy white

We'll find out why it's so God put animals in the snow And just why they were chosen To live amongst the frozen

#### 4. Снорра снорра

Say: It's a fair way out to the Arctic from here, so we're going to head on out in my old mate Choppa. We'll have a great view of the snow from way up high, and it's the fastest way to get to where we want to be going. Have you ever been in a helicopter before? Pick child to hop in helicopter, buckle yourself in there nice and tight. You don't have anything to worry about though, cause it doesn't really matter where we go, cause God is not only watching over us from way up in heaven, he is also by our side. Give remaining children pinwheels to blow.

Choppa, choppa, choppa, choppa, Choppa, choppa, choppa, choppa Choppa, choppa, choppa, choppa, Choppa, choppa, choppa, choppa Way up in a helicopter, we can fly so, fly so high And it doesn't really matter where we go Cause God is by our side We can zoom to the left and zoom to the right Fly round in a circle, on our helicopter flight Just as long as we get to where we want to go And we're going to the snow In our choppa, choppa, choppa, Choppa, choppa, choppa, choppa Choppa, choppa, choppa, choppa, choppa, choppa, choppa, choppa, choppa, choppa

#### 5. He's got his eye on you

Say: Well here we are - this is it, the land of the Frozen Chosen and we have landed here on the tundra. Do you know what a tundra is? It is land with no trees, and this tundra is what's known as a snowy tundra, and it's out here that we'll find the frozen chosen animals we're looking for today. It's so white and beautiful. Well let's start looking for animals straight away. We'll have to look very carefully because they are all good at camouflage. Camouflage is just a big word that means looking like the things that are around you. Choose a child to remove first ice cube to reveal snowy owl. It looks to me like we have found ourselves a snowy owl. They can see really well and can even spot tiny things on the ground when they are flying. They remind me of Jesus because wherever we are, whatever we are doing He can see us and because he can see us. He knows just what we need and can keep us safe. Jesus always has his eye on you! Give all children binoculars

Wherever you are God can see you Wherever you go He will know He's looking down with love From Heaven up above And He's got His eye on you And He knows who who you are Yes who who you are From Him you're never far Cause He knows just right where you are There's no place you can be Where Jesus cannot see Wherever you are God can see you Wherever you go He will know He's looking down with love From Heaven up above And He's got His eye on you

#### 6. BALLS OF SNOW

Say: Let's see who else we can find – use your binoculars, can you spot an animal? Choose a child to remove another ice cube to reveal arctic hare. It's an arctic hare sitting just above his nest. He's on the lookout for danger. God has told the Arctic hares to work together. When one of the Arctic hares detects some danger he tells his friends, and they all scatter. And because they are all going in different directions, it's pretty hard to work out where any of them are going. Working together is always the way to go – with people too. *Actions* 

The Arctic hares sit and stare (*crouch on floor, knees spread and hands touching floor inbetween knees*) On the snow in any weather God has told them they are safe If they stick together

And they are Snow balls, balls of snow (stand up and bounce) Running on the ice Hopping here and bouncing there They are bouncing out of sight

When danger comes, or they are scared They scatter to and fro Like balls of snow across the ice To their nest they safely go

Oh they are

Snow balls, balls of snow Running on the ice Hopping here and bouncing there They are bouncing out of sight

### 7. FOLLOWING THE SON

Say: Spending time out in nature is one of the best things we can do. It brings us closer to God. And learning about his creation helps us to learn more about Him and how much he loves us. Let's see who's there behind that snowy cave. Choose child to remove ice cube. Can you see it? It's a Caribou. A caribou is another name for a reindeer. They have big soft antlers that look like a tree is growing out of their head. They follow the sun every year and come to the tundra to have their babies. It's like their promised land – the promise of new life and lots of food. We're heading to a promised land too – Heaven and if we keep our eves on Jesus – God's Son. We'll be ready to go with Him to the Promised Land when He comes again. Let's be like the deer on the run. Give each child reindeer antlers and then gallop around room.

Deer on the run Following the sun To the Promised Land Deer on the run Following the sun To the Promised Land

We're like the deer on the run Following the Son To the Promised Land Yes we're deer on the run Following the Son To the Promised Land.

## 8. EMPEROR AND KING

Say: What's that up there on the hill? Choose child to remove ice cube. Penguins. These are Emperor Penguins. They are the largest penguins in the world and usually only live in the Antarctic, so it's a real surprise to see them here today. Maybe they're on holidays Penguin's certainly does walk in an interesting way, so straight up and down, it's almost like they're soldiers marching. But they are not marching for their country, they are marching to honour the greatest King of all. Let's march with the penguin. Actions – see actions below

Oh they salute the Emperor and Hail the king (salute) Bow to His Majesty, His praises they sing (Bow) And the penguins march straight and tall (waddle like penguin with arms fixed to sides and hands sticking out from hips at a right angle) To Honour the greatest King of all (place right arm across chest and touch left shoulder, then point to the sky) Yes we salute the Emperor and Hail the king

(salute) Bow to His majesty, His praises we sing (Bow) And like the penguins we march straight and tall (waddle like penguin with arms fixed to sides and hands sticking out from hips at a right angle) To Honour the greatest King of all (place right arm across chest and touch left shoulder, then point to the sky)

# 9. NUFFIN LIKE A PUFFIN

Say: Emperor penguins marching will always remind me to honour my great king Jesus. I wonder what animal we will find at the sea

edge. We're bound to see some interesting Arctic animals here. Choose child to remove ice cube. Oh look a puffin. Isn't his beak pretty? Of all the animals that catch fish, none of them do it quite as cleverly as a puffin. A puffin can catch up to 12 fish in one single dive, and as he catches each fish he carefully lines them all up in a row, just like little soldiers, with their heads at the top and their tails at the bottom. And he keeps them this way in his beak until he gets back to his nest to feed his puffin chicks. Amazing hey? He was definitely designed by our creator God. Shall we go fishing with the puffin? Give each child a fishing rod

How many fish can you catch at once Oh lots I'd like to think Well a puffin would answer with a splash and a splish And catch twelve fish in his beak

All of the fish would be lined in a row Heads together and tails just so He does all the sortin' down under the sea But how he does it is a mystery

How many fish can you catch at once Oh lots I'd like to think Well a puffin would answer with a splash and a splish And catch twelve fish in his beak

Oh there is nothin' like a puffin God made him the best that he could be This bird is made just perfectly And that's how God made me and you Filled with potential through and through

How many fish can you catch at once Oh lots I'd like to think Well a puffin would answer with a splash and a splish And catch twelve fish in his beak

# **10. SEAL OF APPROVAL**

Say: Let's see what's over here on this piece of floating ice, Choose child to remove ice cube. it's a baby seal. I like seeing seals clapping their flippers together. It's like they are giving the world their seal of approval. When God had finished making Adam and Eve, He stood back, looked at them and said – you are very good – He gave them his seal of approval. He gave them and us this seal, so that we would know that we are special to Him. Actions God gives you His (*Point to sky*) Seal of Approval Urh Urh (*hands together with back of hands touching, elbows out – resemble seals clapping flippers*) Seal of Approval Urh Urh (*hands together with back of hands touching, elbows out – resemble seals clapping flippers*) Seal of Approval Urh Urh Urh Urh Urh Urh Urh (*hands together with back of hands touching, elbows out – resemble seals clapping flippers*)

He gives you His seal (Point to sky and press hands together in seal style) So you'll know for real (Point to children and then give thumbs up) That you are special to Him (Point to children, then to sky) Urh Urh Urh (hands together with back of hands touching, elbows out – resemble seals clapping flippers)

## 11. JUST SING!

Say: Let's see who's swimming in the water. Choose child to remove ice cube. A beluga whale. Belugas are small white whales. I love listening to them sing. They are called sea canaries, because they love nothing more than chatting to each other and singing praises to God all day. Every creature sings praises to God in their own way. Some make beautiful noises like the beluga, some just croak the old bull frog. But all of them are showing God just how much they love him in the best way they know how. Have children tell you what different animals say – be sure to use the animals from the song. Give out instruments and have parents clap along.

All God's creatures in their own way Sing praises to God each and every day They don't care much about how they sound They just sing about the greatest God around

Well the bull frogs croak and the horse says neigh The turkeys gobble in their own special way The snakes they hiss and the cows say moo And beluga whales sing a song or two

Yes all God's creatures in their own way Sing praises to God each and every day They don't care much about how they sound They just sing about the greatest God around Oh the sheep say baa and the owls says hoot The roosters crow a cock-a-doodle-doodle-doo The tigers growl and the lions roar And the old grey donkeys say a loud hee haw

Yes all God's creatures in their own way Sing praises to God each and every day They don't care much about how they sound They just sing about the greatest God around

You're one of God's creatures so in your own way Sing praises to God each and every day Don't care much about how you sound Just sing about the greatest God around

## 12. WARM AS TOAST

Say: God certainly put some weird and wonderful ideas together when he made the animals. Speaking of weird and wonderful I wonder who we'll find next. Choose child to remove ice cube. A walrus. Wow look at his tusks - they are his pointy teeth, we have them too. Have children touch their pointy teeth. He also has very special skin, down under the walrus' skin God has put a thick layer of blubber or fat. This blubber helps to keep the walrus insulated from the cold arctic sea. Insulation is the stuff that keeps the cold out and the warmth in. So underneath this layer of thick blubber this here walrus is as warm as toast. Let's rug up like the walrus. Give out blankets and cuddle up close.

Insulate, insulate, A way to stay warm in the frozen state Insulate, insulate They're safe and warm Cause God is so great

Insulate, insulate, A way to stay warm in the frozen state Insulate, insulate They're safe and warm Cause God is so great

# 13. TERN TERN TERN

Say: Look up there I think we might find something in the sky, Choose child to remove ice cube. We have found an Arctic Tern. The tern is an amazing bird, it spends most of its life flying. It actually flies from the top of the earth – the Arctic, to the bottom of the earth – the Antarctic every year during winter. Which is the whole way around the world.

# So the tern watches the world turn. Let's turn with the tern. *Actions*

(continuously spin slowly around in a circle for duration of song) Tern, tern, tern, tern Tern, tern, tern, tern There is a bird that watches the world spin Sees all the seasons as they pass by It flies from the top of the earth to the bottom God made this bird to fly, fly, fly. It's the tern, tern, tern, tern Tern, tern, tern, tern Tern, tern, tern, tern Tern

### 14. LIFT UP YOUR EYES

#### Turn on fairy lights

Say: Look, the sky is changing colour!! The Aurora. Definitely, the most beautiful reason to visit the frozen part of the earth. The Aurora is God's frozen rainbow. It looks like a curtain made out of pretty lights. We are seeing something unique Mrs Tammy, because no two auroras are ever the same. When I lift my eyes and look at God's rainbows in the sky everything else around me seems to disappear it's almost like I can see Jesus' face. Let's lift up our eyes and our rainbow sticks and make our own frozen rainbow. *Give children rainbow sticks to wave* and swirl.

Lift up your eyes Look at the sky See the rainbow God has painted for you and I See the colours of His love Stretching cross the sky above Painted there with loving care So we'll know God is really there

Lift up your eyes Look at the sky See the rainbow God has painted for you and I If you want to see His face Lift your eyes from this cold place When your eyes are raised to Him Things of earth will all grow dim

#### **15. SNOWFLAKE LIKE YOU**

Have adult helper spray a fine mist of water over children.

Say: Oh it's snowing children! The snowflakes are falling on my nose. I wonder if I can catch any on my tongue. Try and catch some. Did you know children, that no two snowflakes are alike? Each snowflake is made out of tiny ice crystals that join together to make a snowflake and none of them ever join up in the same way. God made each one of us different too – no two people are exactly the same. God made snowflake like you!! *Give out mirrors* 

Do I look like you? Oh no no no!!!! Do you look like me? I don't think so.

God made us all different We're one of a kind We're different in front And we're different behind

And you're snow wonderful And snow amazing Snow marvellous and snow cute Snow wonderful and snow amazing There's snowflake like you!!!

#### **16.** BLANKET OF SNOW

Say: Look children, everything is perfect. It's as if we were never here. God has sent a blanket of snow to cover everything. Boys and girls, If we want Him to, Jesus does that with our lives as well. When we ask Jesus to forgive us for our sins, He gives us our own special blanket of snow. And the blanket covers up all of our bad habits and not so nice bits, so that His perfect beautiful life will be the only thing that God sees. The Bible calls it Jesus' white robe of righteousness. We have a wonderful God children. Spread white sheet out over top of children - held either side by two adults. As song is sung lift sheet up and down so that it floats down onto children covering them up.

He covers the world with a blanket And everything is clean All of the mess and harshness Are now, no more to be seen

Everything is beautiful With a white snowy glow When God covers the world With a blanket of snow.

He covers my life with a blanket And everything is clean All of the mess and harshness Are now, no more to be seen

Everything is beautiful With a white snowy glow When God covers the world With a blanket of snow.

### 17. EVERYWHERE MAN!

Say: Well we'd better head back to old choppa children, it's getting late, and I'd sure love to warm up a bit. The Arctic is such a wonderful place filled with so many amazing creatures and I've learned so much about my wonderful God...we'll have to come again boys and girls. You know boys and girls it's wonderful to know that if we're looking at animals in the snow, swimming with the creatures under the sea, or even up in choppa the helicopter, God is always with us. The Bible says that Jesus will never leave us or forget about us. So no matter where you are, God is there, because He is everywhere. Choose child to go in helicopter – others do actions

If you're high or if you're low (stand tall, crouch down) If you're out there in the snow (Put both hands above head, palms facing out, wiggle fingers and move hands down to shoulder height) If you're underneath the sea (place hands out in front of body, palms facing down, move arms from left to right wiggling fingers) Or high up in a tree (reach up high – stand on tip toes) You have no worries or no cares (shake head and finger) Cause you see God is there (point up, point down) How do I know our God there? (shrug shoulders and place palms up) Well, Cause He is everywhere (make large circle using both arms, beginning with hands in front of face)

(make large circle using both arms, beginning with hands in front of face)

He's on the sea and on the land – He's Everywhere sea (place hands out in front of body, palms facing down, move arms from left to right wiggling fingers, then stop fingers and cross hands over eachother as if smoothing the land) He's in your heart and by your side – He's by your side (both hands on heart, then point down to ground with both fingers, arms by side) No from Him you cannot hide

(Shake head from side to side, then cover eyes with hands, then open hands on word "hide" as if saying "Boo") Cause He's the everywhere man – He's Everywhere (make large circle using both arms, beginning with hands in front of face)

He always holds you by the hand – He's got your hand (*clasp hands in front of chest and give handshake*) So if you're here or there (*point left, point right*) Well you never have to care

(shake head)

Cause God is everywhere – He's the Everywhere man (make large circle using both arms, beginning with hands in front of face)

He's the everywhere man - He's Everywhere

# **CRAFT OVERVIEW**

CRAFT	MATERIAL NEEDED
<ul> <li>Snowflake photoframe</li> <li>Attach foam shapes to frame</li> <li>Attach magnets to back of frame</li> </ul>	<ul> <li><i>Packs</i> - Photoframe packs available from <u>www.orientaltrading.com</u></li> <li><i>PVA glue</i></li> </ul>
<ul> <li>Northern candlelights         <ul> <li>Using spoon, children fill glass jars using layers of coloured sand</li> <li>When filled place a cotton wool ball on top of sand to prevent any movement</li> <li>Screw on lid</li> </ul> </li> <li>Fruit loop Snowflake         <ul> <li>Have parents draw a snowflake shape on cardboard</li> </ul> </li> </ul>	<ul> <li>Plastic spoons</li> <li>Craft glue</li> <li>Coloured sand</li> <li>Glass bottles with lid</li> <li>Cotton wool ball</li> <li>Fruit loops</li> <li>PVA Cluster in secure aquists bottles</li> </ul>
<ul> <li>Children stick fruit loops onto glue to make a large snowflake</li> <li>Snowflake Prints</li> <li>Children print snowflakes onto their paper</li> </ul>	<ul> <li>PVA Glue – in sauce squirty bottle</li> <li>Dark blue cardboard</li> <li>White cardboard</li> <li>Snowflake stamps available from www.orientaltrading.com</li> <li>Ink pads</li> </ul>
<ul> <li>Coconut snowball</li> <li>Children cover cardboard circle with glue</li> <li>Sprinkle coconut over glue</li> </ul>	<ul> <li>Coconut</li> <li>White cardboard circles</li> <li>White clag paste</li> </ul>
<ul><li>Snow Globe</li><li>Follow directions on pack</li></ul>	<ul> <li>Available from <u>www.orientaltrading.com</u></li> <li><i>Crayons</i></li> <li><i>Water</i></li> </ul>
<ul> <li>Snow scene picture</li> <li>Children create a snow scene using cotton balls and white chalk</li> </ul>	<ul> <li>Black cardboard</li> <li>white chalk</li> <li>White clag glue</li> <li>cotton balls</li> </ul>
<ul> <li>Stained Glass Window</li> <li>Remove backing from adhesive contact.</li> <li>Stick black cardboard onto contact, ensuring that there are no gaps.</li> <li>Lay on table sticky side up</li> <li>Children stick coloured cellophane pieces onto contact.</li> <li>When finished cover with another piece of contact.</li> </ul>	<ul> <li>Adhesive Contact cut in squares exact size as the black cardboard – two per craft.</li> <li>Squares of black cardboard cut like a window shape – large square hole in middle</li> <li>Various coloured Cellophane cut in small rectangles, triangles and squares.</li> </ul>
<ul> <li>Warm Blanket</li> <li>Glue felt scraps onto the large piece of felt to create a cool felt blanket with neat patterns</li> <li>Two ends of felt can be fringed by parents if desired</li> </ul>	<ul> <li>A4 feltsquare for each child</li> <li>Felt scraps cut in different shapes</li> <li>Craft glue</li> <li>scissors</li> </ul>
<ul> <li>Rainbow picture</li> <li>Children glue coloured crepe paper onto paper</li> </ul>	<ul> <li>White paper</li> <li>coloured crepe paper, cut into small squares.</li> <li>glue</li> </ul>
<ul> <li>Snow Clouds <ul> <li>Tape lengths of craft ribbon to back of cloud shape.</li> <li>Cover cloud shape with glue</li> <li>Glue cotton balls onto cloud shape</li> <li>Glue cotton balls to ribbons to create the effect of snow falling from the cloud.</li> </ul> </li> <li>Winter Blizzard</li> </ul>	<ul> <li>White Cardboard cut into cloud shapes</li> <li>White craft ribbon</li> <li>Sticky tape</li> <li>White clag glue</li> <li>Cotton wool balls</li> </ul>
<ul><li>Cover the paper with glue</li><li>Sprinkle rice onto glue</li><li>Tip off excess</li></ul>	<ul><li><i>Rice</i></li><li><i>PVA glue</i></li><li><i>A4 Blue cardboard</i></li></ul>

lcicles	Silver glitter
Cover icicle in glue	White Clag Glue
Sprinkle glitter over glue	White cardboard in icicle shapes