

“A GLOW-INDUCING ESSENTIAL”

Farmaesthetics Cool Aloe Mist

\$26

“The major mistake people make when using facial oils is not hydrating their face first,” says Britta Plug, a New York City-based holistic aesthetician. “You want to saturate your face with moisture first—your skin’s spongelike, so it soaks everything up.”

This (magical) two-step process does the same job as a moisturizer, but in ultra-pure form. That’s because you’re removing a laundry list of nasty chemicals (including emulsifiers, stabilizers, or preservatives) from your routine. “It’s a much cleaner skin-care product from the get-go,” Plug notes.

And the end result? Pretty flawless, too.

