

TRAVEL CURATOR

WORTH TRAVELING FOR

BEST FOR CITY BREAKS:

FARMAESTHETICS WATERCRESS EYE GEL



Exploring a vibrant city full of hip restaurants, bars, boutiques, art, and culture comes with a downside to your delicate eye area. Environmental pollutants and late nights out can lead to dark circles, fine lines, and lack-luster skin.

Secret Weapon: Fight toxins the natural way. When [Farmaesthetics](#) founder Brenda Brock lived in New York City she leaned into her Texan farming roots by spending the weekends cultivating a fresh herb garden in her apartment, which she infused into her beauty-skincare routine. Her [watercress based eye cream](#) is a powerful firming and anti-inflammatory solution that contains caffeine to lift and brighten the skin and cucumber and aloe soothe to protect.

Spa Treatment: Farmaesthetics is the signature product line at [The Spa at Castle Hill Inn](#), Newport Rhode Island. Or try a signature facial at the [Farmaesthetics Flagship Boutique](#), Newport.

Beauty tip: Apply after cleansing or dab on anytime even over makeup – to instantly hydrate, refresh and lift.