### Unitarian Universalist Fellowship of the Eastern Slopes, EIN 30-0313573

background. Because we draw people from so many different faiths, and because we also encourage individuals to explore their own religious paths, our congregations are in some sense interfaith congregations. As we make decisions together about our shared religious life, we face some of the same communication challenges that interfaith couples face when they make decisions about their religious life as a family. We welcome you to join us as we strive to worship and work together with respect, openness, and understanding.

The Reverend Catherine Bowers is a graduate of Harvard Divinity School and has served UU congregations in Belmont and Lexington, Massachusetts.

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## UNITARIAN UNIVERSALIST ASSOCIATION OF CONGREGATIONS

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# Can We Find a Home Here?

Answering
Questions of
Interfaith Couples



Catherine Bowers

### Unitarian Universalist Fellowship of the Eastern Slopes, EIN 30-0313573

If your life partner is someone who comes from a religious tradition different from your own, you are already familiar with the joys and challenges of creating intimacy across cultural boundaries. Because religious identity is closely tied with a person's larger cultural background, many of the day-to-day differences you and your partner encounter may have little to do with religious belief or practice. For many interfaith couples, these differences in styles of interaction and approach to life are part of their initial attraction to one another, and they learn to negotiate them early on in the relationship. Differences in religious belief and practice may not be a big issue at the beginning of the relationship, but at some point most interfaith couples must wrestle with the issue of family religious identity, especially if the family expands to include children.

At this point, couples need to take a closer look at several questions:

- How important is my own religious tradition to me?
- How important is it for my family to share one religious tradition?
- How do I feel about embracing my partner's religious tradition as my own?
- Can we find a religious home that feels comfortable to both of us?

In trying to answer that last query, many interfaith couples have found their way to Unitarian Universalist congregations. Here are some often-asked questions in the search for religious common ground.

# What Are the Basic Beliefs of Unitarian Universalism?

Unitarian Universalism is a non-creedal religion: We do not require our members to adhere to a particular statement of belief. We place strong emphasis on freedom of belief and the right of each individual to pursue his or her own path in the search for ultimate truth. The individual pursuit of truth, however, does take place within a larger context. Our congregations have adopted a set of seven Principles that outline our most basic shared values and our mutual expectations about how we will interact with one another and with the larger world. In these Principles, Unitarian Universalists affirm and promote:

- The inherent worth and dignity of every person
- Justice, equity, and compassion in human relations
- Acceptance of one another and encouragement to spiritual growth in our congregations
- A free and responsible search for truth and meaning
- The right of conscience and the use of the democratic process within our congregations and in society at large
- The goal of world community with peace, liberty, and justice for all
- Respect for the interdependent web of all existence of which we are a part.

Within this framework, we encourage individuals to articulate their own beliefs and to follow their own spiritual journeys.

# Can Both of Us Be Accepted Equally Within Unitarian Universalism?

Unitarian Universalist congregations are open to people of all backgrounds. Although each Unitarian Universalist congregation is different, worship services in most of our societies draw on a wide variety of religious and other sources for inspiration. We welcome each of you, no matter what your religious background is.

A question for you to ask yourselves is whether Unitarian Universalism speaks to your religious needs and desires. What are you looking for in a religious community? Do our Principles, our style of worship, and our way of being together provide a context in which your religious life can flourish? The best way to find out if a congregation will feel comfortable to your family is for you and your partner to attend a number of services. You also may want to meet with the minister, sit in on some of the religious education programs, and take a closer look at the congregation's hymnbook as you try to determine whether the congregation will be a good fit for your whole family.

# Do I Have to Convert to Become a Unitarian Universalist?

Religious conversion means giving up one faith to take on another. If you become part of a Unitarian Universalist congregation, we do not ask you to give up the religious convictions of your heritage. We do ask you to bring those convictions with an open heart and an inquiring mind, knowing that others