



Part 2 – Your Mind Has Been Hacked (A)

Imagine a cybersecurity system originally created to protect valuable assets. An intruder compromises it, not by destroying the system, but by rewriting what it considers safe, dangerous, and worth protecting. The system keeps functioning, but now it runs on corrupted instructions.

This message helps people recognize that some of their automatic thoughts and defensive behaviors may be internal security systems running on corrupted information, and invites Christ to restore truth, meaning, and authority within the mind.

Discussion Questions To Ponder:

- What if your mind has been hacked, but the system never told you?
- What if fear has your password, rejection has administrator access, and scarcity controls your imagination?

Weekly Reading

2 Corinthians 10:3-5; Romans 12:2; John 8:32; Ephesians 3:20

CHALLENGE & ACTION STEPS “PERSONAL INCIDENT-RESPONSE PLAN”

Your Challenge is to implement your personal incident-response plan. When an organization discovers a cybersecurity breach, it activates an incident-response plan. We will implement a spiritual and emotional restoration plan that can follow a similar pattern.

1. Detect the breach

- Ask: What recurring reaction suggests that something deeper may be operating?
 - Identify the alarm—fear, defensiveness, withdrawal, jealousy, control, or shame.
 - i. Write down one strong emotional reaction you experienced.
- “Today, my internal alarm sounded when _____. ”*

2. Identify the point of entry (Decode)

- Ask: When did I begin believing this?
- Look for the experience, message, wound, or environment that introduced the conclusion.

3. Isolate the corrupted belief (Discern)

- Ask: What specific lie did I learn from that experience?
- Ask: Is this a present fact, a fearful prediction, or an interpretation created by a previous experience?
- Separate what happened from what you concluded about yourself, others, God, and the future.

4. Remove unauthorized access (Remove the Lie [Intruder’s Code] and Download The Truth)

- Ask: What have I allowed to possess authority over my thinking?
 - Revoke the authority of fear, shame, rejection, and scarcity.
 - i. Write one scriptural or grace-centered truth that directly challenges the corrupted belief.
- “Although I feel rejected, the greater truth is _____. ”*