



Part 6 – Developing A Personal Growth Mindset

We've discussed the scarcity mindset along with the rejection mindset. These and other debilitating ways of thinking have weakened our ability to be the person God created us to be. Overcoming these deficits is a matter of personal growth (transformation). Personal growth focuses on intentionally developing our thinking, habits, character, and relationships.

This message is designed to help you choose growth intentionally, practice it consistently, learn from those experiences, and use what you develop to serve others.

Discussion Questions To Ponder:

- Are you giving more attention to what you want to accomplish than to who you need to become in order to accomplish those goals?
- Where are you expecting fruit in your life while neglecting the roots and garden care?
- What do I need to develop in myself to support the goal I am asking God to help me pursue?

Weekly Reading

Genesis 1:26-27; Psalms 1:1-3; Romans 12:2; James 1:5

CHALLENGE & ACTION STEPS G-R-O-W

Your Challenge is to choose just one area of your life that you would like to change and grow.

G – Get Specific

- Name the area: patience, listening, faith, generosity, or dependability, etc. Describe what progress would look like.

R – Root Yourself

- Spend a few minutes each day in Psalm 1. Ask God for wisdom about your chosen area.

O – Observe & Act

- Notice one influence or response that affects your growth. Practice your chosen action at a consistent time or cue.

W – Weigh The Fruit

- At the end of the week, ask: “What changed? What helped? What will I continue or adjust?”

Personal Growth Prayer

“Father, help me to recognize what is shaping me. Help me to focus more on who I am becoming rather than what I desire to accomplish. Give me delight in Your wisdom, courage to ask for help, and strength to practice what I learn. Deepen my roots and help me bear fruit that blesses others. When I fall short, help me return and continue. In Jesus’ name, amen.”