



**Join our Centenary
Celebrations**

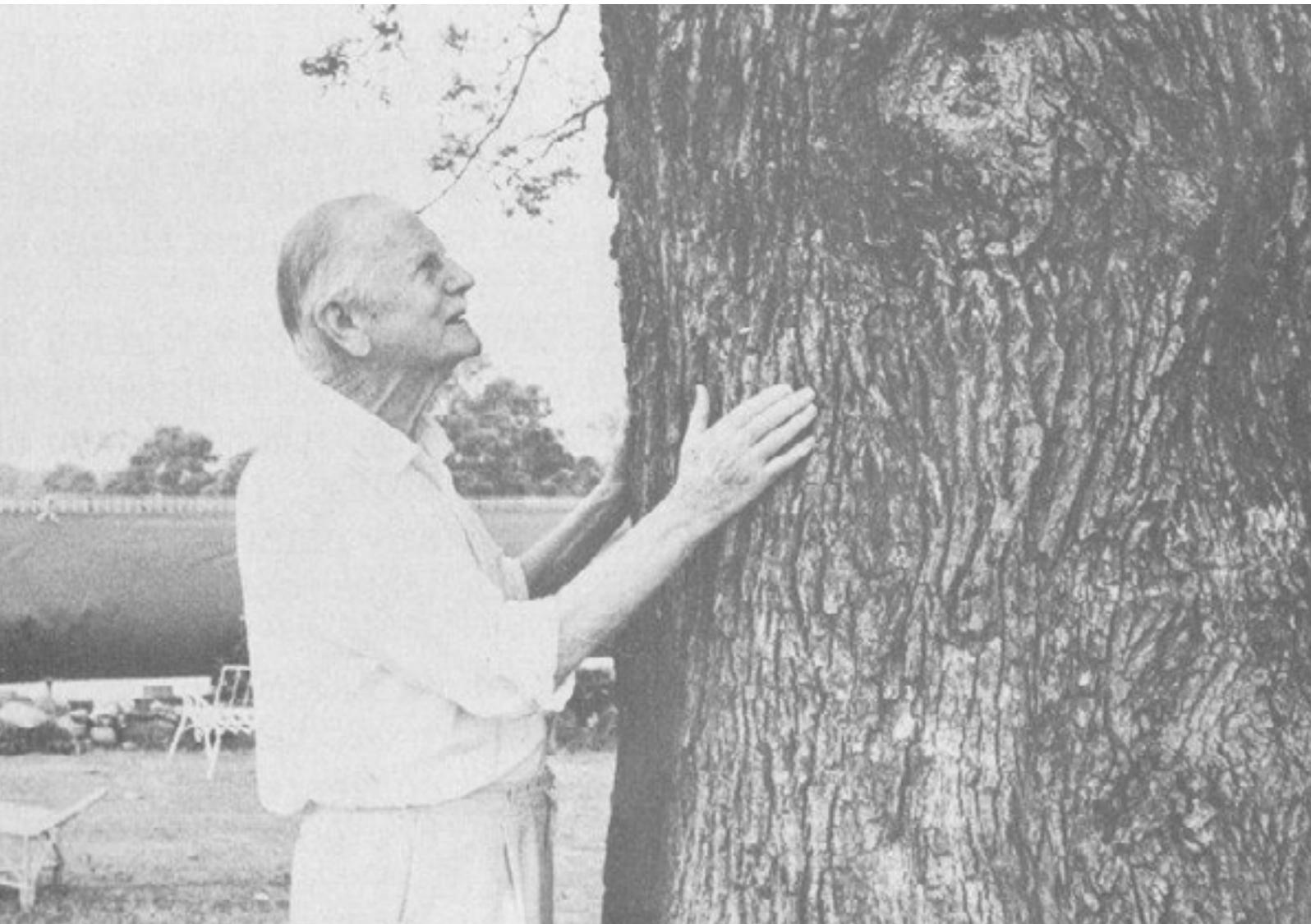
Welcome!

International Tree Foundation was founded in 1922 to inspire communities to plant trees and restore forests for the benefit of people and planet. Today, we work around the world with a particular focus on our founding countries, Kenya and the UK.

2022 marks 100 years of planting and growing trees in partnership with local communities.

We want to mark our centenary year by planting 100 trees in 100 countries as a celebration of all the trees, partnerships and people that have been impacted by our work these last 100 years.

And we want you to be a part of the celebration.



Help ITF Celebrate

Join us in planting trees 100 trees in 100 countries by planting a tree in your local community.

To get involved, simply plant your tree(s) and take a photo or film of your tree planting.

Then email info@internationaltreefoundation.org to share:

1. The photo or film of your tree planting,
2. The location of your tree(s),
3. The species,
4. How many trees your planted,
5. The date you planted it.

You can plant your tree by yourself, with friends and family or get your whole community out to plant a centenary forest.



Planting Your Tree

What tree should I plant?

Make sure you plant a species native to your country and region, that way it will have the best chance of survival and will benefit the local biodiversity.

Where should I plant my tree?

Each tree species will thrive in different locations. Make sure you plant your tree somewhere it will thrive, and somewhere you can visit it to ensure it grows.

When should I plant my tree?

Trees should be planted in the winter or during the cooler months so that they can establish themselves.

How can I share about my tree?

You can post about it on social media and tag us on on [Facebook](#), [Instagram](#) or [LinkedIn](#), or you can email ITF on info@internationaltreefoundation.org.



How to Plant a Tree

1. Dig a hole large enough to accommodate your tree's roots.
2. Loosen the roots and dip them in some water.
3. Put your tree in the centre of the hole and cover with soil. Be sure to make sure it is secure and straight.
4. You may wish you use a stake or a tree guard to help your tree grow and protect it from grazing animals.
5. Water your tree and wish it luck.



How to Support Trees

If you are unable to plant a tree, but would like to support others to plant a tree in their local community, you can make a donation to aid tree planting and forest restoration.

You can donate online at internationaltreefoundation.org/donate or call (+44) 01865 922 430.

You can send a cheque in the post to International Tree Foundation, 106-108 Cowley Road, Oxford, OX4 1JE, United Kingdom.

You can raise money by taking part in a sponsored activity. Visit our [JustGiving](#) to set up an online page to collect donations.



How to Keep in Touch

We would love to keep you updated on the work of International Tree Foundation and our centenary celebrations.

You can follow us on [Facebook](#), [Instagram](#) or [LinkedIn](#), sign up to our email newsletters on our [website](#), or call us on (+44) 01865 922 430 and ask to join our mailing list.

You can send us an email to
info@internationaltreefoundation.org

Or you can write to us at
International Tree Foundation, 106-108 Cowley Road,
Oxford, OX4 1JE, United Kingdom.





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Charity Number: 1106269



**International
Tree Foundation**
Founded 1922