

ONSITE PROGRAMS - May 2022

FOR ONSITE PROGRAMS: Registration required for all in-person programs. Participants must be current members of the centre to participate. Registration is on a first-come-first-serve basis. For question, contact Maria at marial@betelcentre.org or 416-225-2112 ext 130

ARTS:

Drawing and Acrylic:

Continue to develop your skills and express yourself. Some experience with drawing and/or painting is recommended. No supplies included for classes.

Instructor: Maya Vinokurov

Dates: Tuesday, April 12 - June 14

Times: 9:30 am - 12:00 pm

Weeks: 10 weeks

Price: \$125

Registration: Call Reception 416-225-2112 ext 0

Pottery - Mixed Levels:

Everyone is welcome. The instructors provide individualised teaching so each student receives the information they need, from beginners to experts. You will learn a variety of hand building techniques to create functional items or sculptures. Equipment, tools and firing included. Additional cost for clay and glazes.

Instructor: Linda (Shayne) Berlin

Dates: Tuesday, April 12 - June 14

Times: 1:00 - 4:00 pm

Weeks: 10 weeks

Price: \$150

Registration: Call Reception 416-225-2112 ext 0

Instructor: Linda (Shayne) Berlin

Dates: Wednesday, April 13 - June 15

Times: 9:30 am - 12:30 pm

Weeks: 10 weeks

Price: \$150

Registration: Call Reception 416-225-2112 ext 0

****CLASS FULL****

Instructor: Anisoara Kirschner-Kozai

Dates: Thursday, April 28 - June 30

Times: 1:00 - 4:00 pm

Weeks: 10 weeks

Price: \$150

Registration: Call Reception 416-225-2112 ext 0

Instructor: Linda (Shayne) Berlin

Dates: Friday, April 29 - June 24

Times: 9:30 am - 12:30 pm

Weeks: 9 weeks

Price: \$135

Registration: Call Reception 416-225-2112 ext 0

Watercolour - Intermediate:

Learn more advanced techniques. Individual expression is encouraged. No supplies included for classes.

Instructor: Elaine Sugar

Dates: Monday, April 25 - July 11

No classes May 23 and June 6

Times: 9:30 am - 12:00 pm

Weeks: 10 weeks

Price: \$125

Registration: Call Reception 416-225-2112 ext 0

FITNESS AND DANCE:

Chair Yoga:

A gentle form of Yoga either sitting or standing using a chair for support. Involves stretching, deep breathing and strengthening the body.

Instructor: Terri Dunnigan

Dates: Tuesday, April 12 - June 14

Times: 10:30 am - 11:30 am

Weeks: 10 weeks

Price: \$50

Registration: Call Reception 416-225-2112 ext 0

Yoga:

Yoga designed for 55+. Must be comfortable with floor exercises using a mat.

Instructor: Terri Dunnigan

Dates: Tuesday, April 12 - June 14

Times: 12:00 pm - 1:00 pm

Weeks: 10 weeks

Price: \$50

Registration: Call Reception 416-225-2112 ext 0

Body Works:

Energise yourself with aerobic, strength, stretching and dance for total body fitness.

Instructor; Margarita Vlasicheva

Dates: Wednesday, April 13 - June 15

Times: 11:30 am - 12:30 pm

Weeks: 10 weeks

Price: \$50

Registration: Call Reception 416-225-2112 ext 0

Israeli Dancing:

Enjoy the music and learn the steps to dances associated with the folklore of Israel.

****CLASS FULL****

Instructor: Vivian Margulis and Mali Wasserman

Dates: Monday, April 25 - June 27

No class May 23 and June 6

Times: 3:00 - 4:00 pm

Weeks: 8 weeks

Price: Free - Registration Required

Registration: Call Maria 416-225-2112 ext 130 or email marial@betelcentre.org

Breathe Better Gentle Fitness:

This gentle fitness class will be seated and focus on your breathing and gentle strengthening and stretching techniques.

Instructor; Margarita Vlasicheva

Dates: Friday, April 29 - June 24

Times: 10:00 - 11:00 am

Weeks: 9 weeks

Price: \$45

Registration: Call Reception 416-225-2112 ext 0

Walking Club:

Join us for a 30 - 45 minute guided walk around the neighbourhood. Meet at the front door of the Bernard Betel Centre (Steeles and Carpenter).

Instructor: Maria Lindgren

Dates: Mondays, Begins May 2

Times: 10:00 - 11:00 am

Price: Free

Registration: Call Maria 416-225-2112 ext. 130 or email marial@betelcentre.org

Digital Literacy and Computer Learning:

Android Tablet - Beginner :

This class will look at how to use an Android tablet. Tablets will be supplied by the Bernard Betel Centre and loaned to you to take home during the 5-week class period.

Instructor: Dianne Erdos-Rush

Dates: Tuesday, May 24 - June 21

Time: 10:30 am - 12:00 pm

Weeks: 5

Price: \$45

Registration: Call Reception 416-225-2112 ext 0

Beginners iPad/iPhone Class:

This class will look at getting started, using the keyboard, installing apps, adding contacts, browsing using Siri, mail, messaging, camera and more!

Instructor: Ron Berman

Dates: Wednesday, May 11 – June 8

Time: 10:00 am – 12:00 pm

Weeks: 5

Price: \$45

Registration: Call Reception 416-225-2112 ext. 0

Russian - Android Tablet:

For Russian speaking members. This class will look at how to use an Android tablet. Tablets will be supplied by the Bernard Betel Centre and loaned to you to take home during the 5 week class period.

Instructor: Svetlana Kobyakova

Dates: Thursday, April 21 - June 23

Time: 11:00 am - 1:00 pm

Weeks: 10

Price: \$85

Registration: Call Reception 416-225-2112 ext 0

Продолжительность 10 недель (20 часов).

Четверг 11:00 a.m. – 1:00 p.m с 21 апреля по 16 июня

Стоимость \$85

Планшет Android. (Уровень 1)

В данном курсе Вы изучите основы работы на планшете Android. На время обучения вас обеспечат планшетами.

Russian - Practice Windows 10:

Learn how to use your Windows 10 computer to the fullest!

Instructor: Svetlana Kobyakova

Dates: Thursday, April 21 - June 23

Time: 2:00 pm - 4:00 pm

Weeks: 10

Price: \$85

Registration: Call Reception 416-225-2112 ext 0

Продолжительность 10 недель (20 часов).

Четверг 2:00 p.m. – 4:00 p.m с 21 апреля по 16 июня

Стоимость \$85

Windows 10. Практика (Уровень 2)

Цель данного курса почувствовать себя более уверенными используя компьютер. Вспомним и практически закрепим все, что изучали раньше. Начиная с повторения назначения клавиш клавиатуры, редактирования текста и заканчивая созданием папок, удаления файлов, использованием флешек, копированием файлов между носителями и т.д. Старт будет медленным, а финиш уверенным!

Community Support Services and Special Events:

Ageing Mindfully Support Group:

Join us for a support group with a Social Service Worker as we reconnect, share, learn and experience new ways to live a more peaceful, happier and empowered life.

Instructor: Irine Dubinksi, Coordinator - Community Support and Outreach

Dates: Tuesday, April 12 - May 31

Time: 11:00 am - 12:00 pm

Weeks: 8

Price: Free

Registration: Call Irine 416-225-2112 ext 122 or email irined@betelcentre.org

Yom Ha'atzmaut – Israel Independence Day

Closing of Yom HaZikaron and opening of Yom Ha'atzmaut. Join us for an Israeli dance performance. Light refreshments will be served.

Date: Wednesday, May 4

Time: 7:00 pm - 8:00 pm

Price: \$13

Registration: Call Francesca 416-225-2112 ext 110

Meet and Greet:

Are you a new member or want to meet new people? Join us for an informal chat to get to know each other!

Facilitator: Maria Lindgren - Director, Programs

Date: Monday, May 16

Time: 11:00 am - 12:00 pm

Price: Free

Registration: Call Maria 416-225-2112 ext 130

Lifelong Learning

Course

Antisemitism: History's Oldest Hatred

Antisemitism is an ancient and deeply embedded hostility towards the Jews, considered unacceptable after the Holocaust, but re-emerging out of the shadows once again. In this course we will explore the fundamental questions and issues that this raises with particular emphasis on its contemporary manifestations. How has it changed throughout history? Why can it be found among so many diverse cultures? How is antisemitism expressed today, and what are the main areas in which it can be found? We will also examine the ways in which antisemitism is confronted and handled today in hopes of curbing if not eliminating it.

Dates: Thursday, May 12 - June 30

Instructor: Amnon Zohar, Speaker and Lecturer specializing in Middle East and Global Affairs

Weeks: 8 weeks

Time: 1:00 pm - 3:00 pm

Price: \$80

Registration: Call Reception 416-225-2112 ext 0

Lifelong Learning Lectures

James Bond Behind the Curtains

James Bond was not purely a product of Ian Fleming's imagination. This story is about two fairly forgotten people, whose phenomenal adventures gave life to this character

Date: Tuesday, May 17

Time: 10:30 am – 11:30 am

Speaker: Victor Rodos

Cost: \$5 at the door

Registration: Call Sharon at 416-225-2112 ext. 124

Art With Carmen

Learn about 20th Century art as we peek into the life of famous Chilean artist, Carmen Cereceda Bianchi, Professor of Art in Chile, Mexico and University of Toronto (17 years). We will visit with her colleagues, students and artists, as well as look at different Medias of art. Surprising famous people connected with Carmen will delight during this presentation

Date: Tuesday, May 24

Time: 10:30 am – 11:30 am

Speaker: Jerry Willer

Cost: \$5 at the door

Registration: Call Sharon at 416-225-2112 ext. 124

Frida Kahlo-Painted Biography

An artistic voyage of famous Mexican artist Frida Kahlo's life story highlighted by her most important works of art, including those which were influenced by the injuries she sustained in a road accident at the age of 18, her stormy marriage to artist Diego Rivera and her Jewish roots

Date: Tuesday, May 31

Time: 10:30 am – 11:30 am

Speaker: Rachel Levin

Cost: \$5 at the door

Registration: Call Sharon at 416-225-2112 ext. 124

Russian Golden Age Cultural Programs: Русские программы:

Russian Library:

Русская библиотека:

Dates: Mondays and Thursdays - Beginning April 4

Time: 12:00 pm - 2:00 pm

Price: Free

Registration: You must call Victor at least 1 day prior to joining.
416-225-2112 ext 206.

Даты: Понедельник и четверг - начало 4 апреля

Время: 12:00 - 14:00

Цена: Бесплатно

Комната: Библиотека

Вместимость: 7

Регистрация: Вы должны позвонить Виктору как минимум за
1 день до посещения библиотеки **416-225-2112 доб.206.**

RGA Drama Group:

Студия драмы при Центре Бетеля :

Dates: Tuesdays - Beginning April 5

Times: 2:00 - 4:00 pm

Price: Free

Registration: Call Victor to register 416-225-2112 ext 206

Даты: вторник - начало 5 апреля

Время: 14:00 - 16:00

Цена: Бесплатно

Комната: Аудитория

Вместимость: 15

Регистрация: Позвоните Виктору, чтобы зарегистрироваться
416-225-2112 доб. 206

RGA Talent Show Group:

Группа Шоу Талантов Э. Виленской

Dates: Wednesdays - Beginning April 6

Times: 2:00 - 4:00 pm

Price: Free

Registration: Call Victor to register 416-225-2112 ext 206

Даты: среда - начало 6 апреля

Время: 14:00 - 16:00

Цена: Бесплатно

Комната: Аудитория

Вместимость: 15

Регистрация: Позвоните Виктору, чтобы зарегистрироваться
416-225-2112 доб. 206