



ELIŠKA VAŠÍŘOVÁ

participated in the training course

SPEAKING OF THE DEVIL

in Habri, Czechia

from 14/05/2025 to 20/05/2025

About the project

Speaking of the Devil was a dynamic training course for youth workers using improvisation and embodiment to ignite an entrepreneurial mindset. Participants dived into eight key concepts: spontaneity, risk-taking, generosity, adaptability, partnership, initiative, acceptance, and listening. Embodiment practices helped reconnect body and mind, blending verbal and non-verbal, rational and emotional ways of being, boosting creativity, confidence, and resilience to tackle challenges with energy.

This certificate has been issued by YOUNIQUE z.s..



Veronika Pavlova
Legal representative

Electronically signed on 23/06/2025 13:43 by Veronika Pavlova

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Erasmus+

PROJECT CONTEXT

PROJECT DETAILS

Below are further details about the project in which Eliška Vašířová participated.

Training course

14/05/2025–20/05/2025 | in Habri, Czechia

The working language of the project was English.

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>
More information about this project can be found in the Erasmus+ Projects Results Platform:
https://ec.europa.eu/programmes/erasmus-plus/projects_en

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ELIŠKA VAŠÍŘOVÁ

born on 10/02/2000 in Prague, Czechia

participated in the training course

RAISE YOUR IMPACT

in Sudislav nad Orlicí, Czechia

from 05/09/2024 to 12/09/2024

About the project

"Raise Your Impact" is an international training course focusing on personal development and self-awareness. It aims to empower youth workers in their role, provide space for them to explore their own attitudes in life and look for ways to bring the most positive impact in the society, through inclusion, cooperation and accountability.

This certificate has been issued by Brno Connected z.s..

Kateřina Martínková
Legal representative

*Electronically signed on 08/10/2024 12:29 by Kateřina
Martínková*

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PROJECT CONTEXT

PROJECT DETAILS

Below are further details about the project in which Eliška Vašířová participated.

Raise Your Impact

Training course | 05/09/2024–12/09/2024 | in Sudislav nad Orlicí, Czechia

Main outcomes: The training course focused on following areas of learning:

- gaining a better understanding of personal patterns, beliefs and concepts about life, people and oneself and how they influence your life
- experiencing cooperation with others in various challenging tasks and improving cooperation skills in order to be more inclusive and proactive
- getting a better understanding of how language influences your reality
- learning how to give and receive feedback and using it as a tool for growth and change
- improving oneself in handling unpredictable situations, working with limiting resources and cooperating in team in this context
- becoming more initiative and gaining courage to make things happen
- finding new ways to bring change and create impact in organisations, teams and communities

Hosting organisation: Brno Connected z.s. (Czechia)

Partners: Cecropia Hub (Greece), Young Wave (Poland), Smokinya (Bulgaria), MONADA MTU (Estonia), Do More Be More (Latvia), YYouth Connect (Italy), ABOVE (Hungary)

Trainers: Kateřina Martínková, Marija Wazi

The working language of the project was English.

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>
More information about this project can be found in the Erasmus+ Projects Results Platform: https://ec.europa.eu/programmes/erasmus-plus/projects_en

The owner of this certificate has participated in a project supported by the European Union Erasmus+ programme. Erasmus+ supports the educational, professional and personal development of individuals in the education, training, youth and sport fields. It offers opportunities for learning mobility and active participation for young people, as well as professional development and cooperation for youth workers and youth work organisations.



Erasmus+

ELISKA VASIROVA

born on 10/02/2000 in Prague, Czechia

participated in the training course

ACCOMPANIED YOUNGSTERS

in Martinet (Catalonia, Spain), Spain

from 14/09/2023 to 21/09/2023

About the project

Training Course on dynamics, techniques and attitudes for accompanying young adults in social risk contexts, specially those who were unaccompanied minors

This certificate has been issued by Proyecto Nagual.

PROYECTO



NAGUAL

Raúl Ruiz Sola
Legal representative

Barcelona, 23/10/2023

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The ID of this certificate is 6ATJ-V1BL-8VQG-MMTH.
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PROJECT CONTEXT

PROJECT DETAILS

Below are further details about the project in which Eliska Vasirova participated.

Accompanied Youngsters

Training course | 14/09/2023–21/09/2023 | in Martinet (Catalonia, Spain), Spain

Main activities: Social sciences
Psychology
Creative Therapies
Expressive arts
Transformational learning
Group dynamics
Non Violent Communication

Main outcomes: # Professional competences in the work on social ties, attachment and trauma with youth groups, at a European level.
Artistic material for intervention in contexts of youth participation and social risk: texts, poems, songs, performative pieces, photographs, body maps, etc.
Expansion of a cooperation network at a European level, with a common strategy in working with youth groups, based on the integration of community art, creative therapies and scientific knowledge, to generate innovative practices in non-formal education contexts.
Dissemination of knowledge in the local communities of the participants involved.
Toolkit to collect good professional practices regarding the work on the link.

Hosting organisation: Proyecto Nagual

Trainers: Raúl R. Sola and Myrtó Zarokosta

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>
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Erasmus+

ELIŠKA VAŠÍŘOVÁ

born on 10/02/2000 in Czechia
participated in the Youth Exchange

CORE

in Hopeland, Greece

from 23/07/2022 to 01/08/2022

About the project

Core was a 9-day Youth Exchange in Hopeland, Greece that supported young people by listening to their inner guardian. It led them back to their core and helped them find a synergy between their rational brain and the inner voice of intuition that we did through being in nature, meditating and reconnecting with ourselves. We also spread all our knowledge in the local community of Nafplio, Greece and also in the local communities of the countries involved.

This certificate has been issued by Federation of Erasmus Student Network Greece.



Konstantinos Spyropoulos
Legal Representative

Athens, Greece, 17/08/2022

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The ID of this certificate is BXM7-SB2E-8E71-Y5J8.
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LEARNING CONTEXT

Youth Exchanges supported by the Erasmus+ programme offer groups of young people from different countries an opportunity to jointly design, prepare and carry out a non-formal learning programme on a topic of their interest. This usually involves a mix of workshops, debates, role-plays, simulations and outdoor activities. The learning process, which is supported by youth workers and leaders, includes the preparation, implementation and follow-up of the exchange.

COMPETENCES DEVELOPED BY ELIŠKA VAŠÍŘOVÁ

The following summary is the result of a reflection and self-assessment process which took place during and after the project.

Multilingual competence

Deepening knowledge of the English language while increasing awareness of the languages of the other participants - Italian, Spanish, Greek.

Personal, social and learning to learn competence

Active listening, self-advocacy, leadership, group work, self-discovery - these are the areas in which I have improved

Eliška Vašířová

Athens, Greece, 17/08/2022

The competence description in Youthpass is based on the European Union framework for Key Competences for Lifelong Learning:
<https://education.ec.europa.eu/focus-topics/improving-quality-equity/key-competences-lifelong-learning>



Erasmus+

PROJECT CONTEXT

PROJECT DETAILS

Below are further details about the project in which Eliška Vašířová participated.

Youth Exchange

23/07/2022–01/08/2022 | in Hopeland, Greece

Hosting organisation: Federation of Erasmus Student Network Greece

Partners: Globers
INspire
YOUth Connect
Vsl "uMunthu"

Group: 34 participants from Greece, Italy, Lithuania and Spain

The working language of the project was English.

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>
More information about this project can be found in the Erasmus+ Projects Results Platform:
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YOUTH EXCHANGES

Eliska Vasirova

PARTICIPATED IN

Insight,

A YOUTH EXCHANGE WITH YOUNG PEOPLE
FROM BULGARIA, CZECH REPUBLIC, GREECE, ITALY, LITHUANIA, NORTH MACEDONIA, AND POLAND.

THE PROJECT TOOK PLACE FROM **23/08/2021**
TO **31/08/2021** IN **Plovdiv, Bulgaria.**

YOUTH EXCHANGES

In Youth Exchanges supported by Erasmus+, groups of young people from different countries jointly design, prepare and carry out a work programme. It is usually a mix of workshops, debates, role-plays, simulations, outdoor activities. The young people are supported by experienced youth workers and leaders in this. Youth Exchanges allow them to develop competences, become aware of socially relevant topics, discover new cultures, and strengthen values like solidarity, democracy, etc.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



Anna Lyubenova

Representative of the organisation

The ID of this certificate is K99W-XGA6-SSL1-HC9Q.
If you want to verify the ID, please go to the web site of Youthpass:
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



Youthpass

This document certifies that **Eliska Vasirova** took part in the Youth Exchange **Insight** organised by **Connected for Future**.

The exchange project was developed and implemented in cooperation with the following partners:

Connected for Future, Enterprising Partners, BEYOND BORDERS CORATO, Young Active Eurocitizens, Stowarzyszenie Inicjatyw Kulturalno-Młodzieżowych Art, Mladinski Senat Strumica, EYCB

The aim and the specific objectives of the project were:

Through the implementation of INsight we created a platform that enabled youngsters to identify and fulfil their maximum potential. It's main goal was to enhance youth's employable capacity through targeting individual and professional development by channeling intra- & interpersonal intelligences.

Main activities:

Through Insight we targeted loads of different skills from self-reflection & awareness, goal-setting, creative and critical thinking to public speaking, presenting, understanding CVs and even interviewing.



Plovdiv, Bulgaria, 31/08/2021

Anna Lyubenova

Person in charge of the project



Youthpass

MOBILITY OF YOUTH WORKERS

Eliska Vasirova

PARTICIPATED IN A LEARNING MOBILITY PROJECT

Once Upon a Time.

THE PROJECT TOOK PLACE FROM **05/09/2020**
TO **11/09/2020** IN **Ommen, Netherlands.**

MOBILITY OF YOUTH WORKERS

Learning mobility projects of youth workers support the professional development of youth workers by enabling them to acquire new skills and professional experiences. The projects may include transnational activities such as seminars, training courses, contact-making events, study visits and job shadowing periods abroad. The projects also contribute to strengthening the quality and the role of youth work in Europe.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



Marko Vlaming

Representative of the organisation

The ID of this certificate is QDSV-6Z48-6385-ZGAQ.
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<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



Youthpass

With this document we certify that **Eliska Vasirova** took part in a project called **Once Upon a Time**. It was a training course. The project was hosted by **Olde Vechte Foundation**.

Within Erasmus+, a training course is a project where youth workers and youth leaders come together for several days to develop their knowledge, skills, and attitudes on a certain theme. The daily programme of the course is based on learning objectives and facilitated by experienced trainers. The training courses promote the initiative and creativity of participants and have a direct impact on their future youth work or youth policy activities, such as organising quality projects and providing intercultural and non-formal learning experiences for young people.

Altogether, **27** people took part in the project.

The overall aim and specific objectives of the project:

The participants will observe Storytelling as a tool for conflict transformation.

Goals:

- Develop storytelling skills
- Discover the approach of storytelling and how to use it in conflict transformation
- Gain ways to communicate in conflicts in order to create connection, mutual understanding and effective agreements
- Develop competences to handle conflicts
- Acquire different methods to work using storytelling as a tool in youth work, conflict management and intercultural contexts

Main contents and activities of the project:

Training course that contains:

- workshops on Storytelling
- workshops on Conflict Transformation

Trainer/s:

Anna Moro and Giedre Kaupaite



Ommen, the Netherlands, 15/10/2020

Marko Vlaming

Person in charge of the project