Welcome to Mid GA Pain MD Your Path from Pain to Wellness

Nestled across Macon, Warner Robins, and Dublin, Georgia, **Mid GA Pain MD** is a premier pain management clinic led by double-board-certified specialists **Dr. Margaret Boltja** and **Dr. Ben Smisson**. With over 18 years of dedication in Georgia, they bring expertise, compassion, and cutting-edge treatments to patients struggling with chronic pain.



Who We Are

- **Dr. Margaret Boltja** is a double-board-certified interventional pain specialist—born in Columbus, GA, and serving Georgia for nearly two decades.
- **Dr. Ben Smisson**, also a trained pain specialist, joins her in delivering advanced interventional techniques and regenerative solutions.

Together, they form a multidisciplinary team committed to tailoring treatment based on individual needs, backed by comfort, respect, and integrity.

Our Comprehensive Services

Mid GA Pain MD addresses a wide array of conditions using minimally invasive procedures and regenerative therapies:

- **Common Pain Conditions**
  Arthritis, neck/back/joint/knee pain, degenerative disc disease, bursitis, tendonitis, carpal tunnel syndrome, complex regional pain syndrome, trigeminal neuralgia, cancer-related pain, chronic headaches, and more.
- **Regenerative Medicine & Interventional Techniques**
  Highlighted offerings include:
  - Steroid injections (e.g., epidural, facet joint)
  - PRP (platelet-rich plasma) and stem-cell therapies
  - Radiofrequency ablation
  - Image-guided joint/tendon injections.
- **Special Injury Care**
  Non-surgical options for auto and work-related injuries (e.g., whiplash, soft-tissue trauma).

Why Choose Mid GA Pain MD?

- **Proven Results & Patient Satisfaction**
  With over 1,000 pain-relief success stories and a ~99% satisfaction rate, quick results are common—many patients experience noticeable relief after only a few sessions.
- **Holistic & Personal Approach**
  It's not just symptom relief—the team develops plans to address the root cause, incorporating education, rehabilitation, and ergonomic guidance.
- **Accessible Locations & Hours**
  Offices at Macon, Warner Robins, and Dublin, with convenient hours (Mon–Fri, early start).

Knee Pain: A Closer Look

Knee pain is especially common across age groups. Mid GA Pain MD offers a detailed care plan:

1. **Diagnosis & Self-Care** – Identifying causes like cartilage tears, arthritis, or gout.
2. **Medication & Orthotics** – Targeting underlying inflammation and joint mechanics.
3. **Physical Therapy** – Strengthening surrounding muscles, improving balance and flexibility.
4. **Injectables** – Corticosteroids, hyaluronic acid, PRP for moderate to severe cases.
5. **Surgical Referral When Needed** – Arthroscopy, partial or full knee replacement in advanced cases.

Patient Testimonials

Patients consistently praise the practice for its attentive, effective, and professional care. Sample feedback includes:

“The doctor truly listens and provides the best treatment for pain relief.”

It’s clear—every team member is focused on delivering real relief, not just quick fixes.

Preventing Future Pain

Mid GA Pain MD emphasizes prevention. During consultations, patients receive:

- Personalized exercise regimes
- Ergonomic advice for work and home
- Lifestyle adjustment support to maintain pain-free routines.

Getting Started: Your First Step to Relief

1. **Schedule a Consultation** – Via website form or call to your nearest location.
2. **Comprehensive Assessment** – Detailed evaluation followed by a customized treatment plan.
3. **Continued Support** – From in-clinic interventions to long-term wellness education.

Conclusion

Mid GA Pain MD stands out as a beacon of relief in Central Georgia. With expert doctors, tailored care, advanced treatments, and a compassionate ethos, they strive to restore quality of life—one patient at a time. If chronic pain is weighing you down, starting your journey here could change everything.

Interested in learning more or booking an appointment? Visit their website, call (478-874-6368), or head to your nearest office in Macon, Warner Robins, or Dublin today.

Pain-free living is possible—take the first step with Mid GA Pain MD.