

# Healthy Living Revolution Simple Presentation (No Powerpoint)



**SCRIPT IDEA:** Welcome! My name is \_\_\_\_\_. We're so excited you're joining us to learn about the Healthy Living Revolution. So what is this Healthy Living Revolution all about?

**YOU HAVE 2 OPTIONS HERE:**

1. **PLAY THE HEALTHY LIVING REVOLUTION VIDEO**
2. **USE THIS VERBIAGE:**

Healthy used to be simple. It wasn't the latest superfood or the new diet craze. Healthy was fresh vegetables from grandma's garden. Kids played outside until it was dark. You drank plenty of clean fresh water straight from a hose. Healthy was having plenty of energy to get through the day. Healthy was a lifestyle that we lived and we can again. So this revolution is about taking healthy back. We are taking our health back, our schools health back, our country's health back.

**SCRIPT IDEA:** Please introduce yourself and tell us what you do and what motivated you to come.

**SCRIPT IDEA:** It is amazing that some fruits and vegetables have lost 5-40% of their nutrition in the past 50 years! That's why we need at least 7-13 servings per day. A serving is the size of your fist. How many did you eat today? **(HOLD UP AN APPLE)** Scientists think there could be as many as 10,000 ingredients in one apple. Can we get our vitamins from a multivitamin or from food?



**SCRIPT IDEA:** The Healthy Living Revolution has some cutting edge solutions!

1. First - The Tower Garden is a vertical aeroponic growing system that allows you to grow your own fruits and vegetables on your porch or patio. **(SHOW PICTURE OF YOUR TOWER)**
2. Another solution is Juice Plus+ - a way to add 45 Super Foods to your diet everyday! The Juice Plus+ Trio provides 30 raw, vine-ripened fruits, veggies and berries in capsules or chewables. It's juicing made easy! **(PASS AROUND JP+ CHEWABLES AND SHOW THE INGREDIENTS IN JP+)** When was the last time you ate all of these? Your kids? The JP+ farmers grow sustainably with incredibly high standards. The produce is grown to the peak of ripeness which yields the highest possible nutrient content. This is a huge difference over the average produce you find in the store!
3. The Juice Plus+ Complete is a powdered shake mix that can be blended with plant milk or even water. It's low fat, low sugar, low glycemic, gluten free, vegan and 100% NON-GMO plants. It has 13 grams of Protein, 8 grams of fiber and wonderful ingredients. **(PASS OUT SHAKES)**

**SCRIPT IDEA:** So the JP+ Trio and Shake adds 45 super foods to your diet everyday! This was truly the start of me taking my own health back. **(SHARE YOUR JP+ STORY)**

**YOU HAVE 2 OPTIONS HERE:**

1. **PLAY A VIDEO LIKE BRIDGE THE GAP**
2. **USE THIS VERBIAGE:** 3 things really set Juice Plus+ apart.

1. First, JP+ products have a FOOD Label and are NON GMO, Dairy Free, and Gluten free.
2. Next, each JP+ product has a third party company that randomly tests the products in 2 areas: #1 the JP+ products have to contain what is on the label and #2 Juice Plus+ is stringently tested for heavy metals, mold, bacteria etc.
3. Finally, JP+ is the most researched nutritional product in the world!

**SCRIPT IDEA:** A great way to jumpstart your health and implement the concepts we've just covered is the Shred10 program! **READ THE GUIDELINES.** The Shred10 is not a fad diet it is a jumpstart into lifelong health. **HAVE SOMEONE SHARE A SHRED STORY**

All participants receive a Shred10 Guidebook and can be part of our private FB group for support. It would also be great to find a buddy!

Clipboards with Order Forms and pens: Let me explain how simple it is to get started on JP+.  
-Review Shred10 pricing, Children's Health Study etc.

**SCRIPT IDEA:** If I gave you \$2.38 to buy produce at the grocery store how much do you think you could buy? That's what I love about JP+! I know some of you would like to get started tonight and we have some free 5 day supplies if you want to order now. We also have special gifts - **free downloads at [www.HealthyLivingRevolution.com](http://www.HealthyLivingRevolution.com) (cookbook and children's program)**

Show Laminate JP+ ingredients or handout JP+ brochures.



Fill a pill box with 5 day supply of Trio!