

(Holiday)

Pamper The New Mom In Your Life With These 23 Beauty & Wellness Gifts

BY NATASHA MARSH
17 HOURS AGO

Give her the TLC she needs.



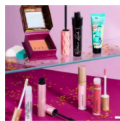
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Between sleepless nights, a crying infant, diaper changes, doctors appointments, and everything in between, finding time to unwind can be difficult for a new mom. That's where you come in this holiday season. Celebrate that special woman in your life with some of the **best beauty** and wellness gifts for new moms — think spa-worthy self-care presents that are guaranteed to bring some zen into the home (where she likely needs it the most).

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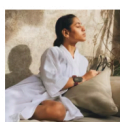
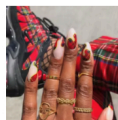


The Face Sculpting Duo That Your Beauty-Obsessed Friend *Really* Wants For The Holidays

By Natasha Marsh

Want A Holiday Manicure That Isn't Super Corny? This Easy DIY Has You Covered

By Natasha Marsh



The Red Carpet Facial Is The Ultimate Beauty Treatment To Gift This Holiday Season

By Natasha Marsh

Dry Skin & Hair Are No Match For Tsubaki Oil — Here's Why It's A Beauty Editor-Favorite

By Jenna Igreri



Encourage a relaxing environment with **spa-grade facial steamers**, beautifully scented candles, serums that will leave her sleepless skin glowing, beauty **gadgets and tools** that will help diminish her stress, and rich hand and **body creams** to melt away the struggles of her busy days.

Ahead, TZR compiled the 23 best pampering gifts for a new mom who is stressed, has little me-time, and could use a bit more TLC. Even if she only has a few minutes to spare for herself, without a doubt these beauty essentials will make her long days and nights so much easier. After all, she deserves it, right?

We only include products that have been independently selected by TZR's editorial team. However, we may receive a portion of sales if you purchase a product through a link in this article.

Ursa Major Golden Recovery Cream

\$48



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Ignae's Regenerative Body Oil features bakuchiol, which promotes collagen production and repairs skin from photo damage. It's also packed with vitamin E and camellia japonica seed oil to help soothe inflammation and hydrate for a total body skin renewal.

Reed + Gwen

Moisturizing Marula Body Scrub

\$37

[See On Avocado Green Mattress →](#)



Formulated with little or no water and made in the USA, Reed + Gwen is the perfect gift for the eco-friendly new mom. The brand's Moisturizing Marula Body Scrub, made with rose clay and cane sugar, is both exfoliating and conditioning as it buffs away dead skin cells to reveal shiny, supple skin.

Farmaesthetics

Pink Petal Roses Solar Salt
Mineral Bath

\$38

[See On Farmaesthetics →](#)



Allow her to detox from a busy day with her newborn with a nice salt soak. Farmaesthetics Pink Petal Rose Solar Salt Mineral Bath is formulated with pink Himalayan salts, epsom, organic rose petals, and rose essential oil. A handful is all she'll need to detox, remineralize her body to relieve tension and muscular strain, and soften the skin.

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