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BUILDING A CARE FIRST WORLD TOGETHER

“Melting the ice in the heart of Man”
Kalaallit Nunaat (Greenland)

By Louis Bohtlingk

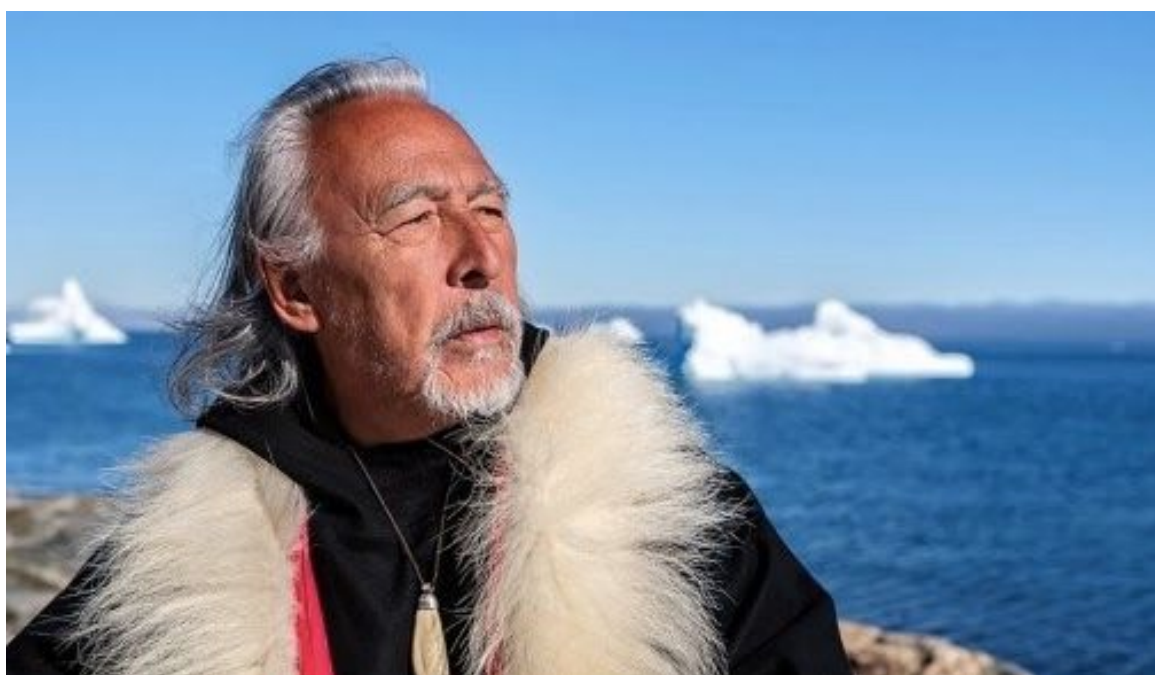
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MELTING THE ICE IN THE HEART OF MAN

The story of Angaangaq Angakkorsuaq, a shaman from Greenland, is that the Ice, where they do their ceremony to thank the Big Ice, has been melting in Greenland from a 1500 m high wall in 1963 to a 50 m high wall at present. He feels the process is irreversible and places his hope on the melting of the ice in the hearts of man.

I quote from his website [IceWisdom](#).



“In the deep winter of 1963 two young Greenlandic men went hunting and came to the big wall and did their ceremony. As they did so, they noticed that water was coming out of the Big Ice way up the wall. When they returned and told the Elders of that strange phenomenon – no one believed them. How could water move, when the temperature has been less than minus 30 degrees Celsius (-22 °F) for about three months. Later that winter other Elders went hunting and upon returning confirmed that water was trickling out of the Big Ice at the Big Wall. That became the first sign that something was amiss – not at home – but in the world.

Today that trickle has grown to roaring rivers of water pouring out of the Big Ice into the Atlantic Ocean. Since that first trickle was noticed the average depth of the Icecap has shrunk from five kilometres (three miles) to three kilometres (2 miles), and the melt is accelerating. Today there are hundreds of roaring rivers coming off the Icecap all year round. In geological terms the rapidity of ice melt in Greenland is instantaneous.

The melting Icecap is the most dramatic evidence of accelerating global climate change. Greenland is the “Ground Zero” of Climate Change. The certainty is that our world is changing, and those changes will alter our way of life at best and destroy them at worst. The melting of the Ice in Greenland is a call for us to reflect the spiritual significance of Climate change and our way of living.

The ice cap far north in the Arctic is melting at an alarming rate threatening the world with consequences we can barely imagine. We’re faced with the moral responsibility to direct ourselves toward a more positive spiritual and planetary evolution.

It’s time to look with eyes of faith into our future and believe we can make a difference. If we have hope, there is potential for extraordinary change – things will survive. The Elders teach us if we return to harmony in our lives, *melting the ice in our hearts*, reconnecting with one another, we will survive. It is time to use this knowledge to help mankind.

***Melting the Ice in the Heart of Man* is an ancient teaching from the indigenous people of Kalaallit Nunaat (Greenland), a peaceful culture that is thousands of years old and has never known war. It summons us to bridge the distance from our minds to our hearts through strength and gentleness; through compassion and love; through courage and grace, bringing about personal**

transformation and global healing for the times to come. The time has come to unite our voices and our hearts, to walk our spiritual paths with practical feet, to restore the balance that's been missing on the earth. It is time now to melt the Ice in the Heart of Man.

A SPARK OF GOODNESS IN US ALL

There is a spark of goodness in us all and we need to do everything to bring that out. To assist us in the healing of our greed, selfishness, violence, fear, powerlessness and more, we need to call upon that place of goodness and use its potential. That place of goodness is connected to our true nature. I feel that we are all blessed and born with this spark of love inside of us. We can see it in the eyes of a new born child: its innocence and beauty. This is not something to attain. It is something we are.

DEVELOPMENT OF THE INNER

Bringing our inner beauty and love forward and inviting and stimulating its activity. That place of goodness inside of us has a natural heart intelligent quality. Our heart can guide our thinking. It can create thoughts of love, care and kindness.

DEVELOPMENT OF THE OUTER

Organising ourselves in such a way that we create conducive environments which stimulate heart intelligent activity and bring out the best in each of us. Creating systems that need our hearts to make them function instead of stimulating fear, selfishness, possessiveness, desire for power and greed.

RESOLVING OUR HUMAN CRISIS

I want to explore steps we, as Humanity, can take on an individual, local, national and international level to shift through our present crisis towards a world that works for us all. Let's look at our present situation within three ecosystems:

1) **Ecosystem of the Earth:** reversing the Climate Change Emergency before 2030.

I think that self correcting mechanisms in the Earth's ecosystem can lead to the emergence of a virus like COVID19, when we upset and damage the ecosystem. It is a wake up call urging us to act and shift out of our apathy. In that sense we created it ourselves by the severe damage we caused. The system needs to do something to let us know what we are doing.

2) **Ecosystems of individuals:** resolving the income-inequality in such a manner that every person on this Earth has the ecosystem of their livelihoods restored, so they can provide for their basic human needs for food, housing, healthcare and education. Restoring the connection with our true selves and creating the space to bring our best and deepest potential.

3) **Ecosystems of communities:** Letting go of the illusion of separation, realising we have more in common than what makes us different. Restoring any community's fabric by ending war and violence. Learning how to collaborate, organise ourselves and live together in a heart intelligent manner.

HUMANITY RISING

In dealing with the coronavirus epidemic, we are called to unite in action. Together we are exploring and taking the steps that are needed. Many deeply caring actions are being taken by people and governments. We are in it together.

I know many initiatives worldwide, who respond to Covid 19, by exploring the steps we can take as Humanity to move into a better direction. One of them is [Humanity Rising - Global Solutions Summit](#), a movement of people and organizations coming together to take counsel on how to leverage the crisis of the coronavirus pandemic into an opportunity for human renewal and increased resilience to future challenges. The goal is to create an international coalition strong enough to transform conversations that matter into actions that make a difference. They are organising daily [sessions](#) (since May 2020) as long as the pandemic lasts. We participated with a Care First panel called “Meeting the Mystery of Money” on [Oct 21st 2020](#).

17 SUSTAINABLE DEVELOPMENTS GOALS



In this light it is good to be aware of the [Sustainable Development Goals](#) which are an universal call to action to end poverty, protect the planet and improve the lives and prospects of everyone, everywhere. The 17 Goals were adopted by all UN Member States in

2015, as part of the [2030 Agenda for Sustainable Development](#) which set out a 15-year plan to achieve the Goals. Today, [progress](#) is being made in many places, but, overall, action to meet the Goals is not yet advancing at the speed or scale required. **2020 needs to usher in a decade of ambitious action to deliver the Goals by 2020.**

MY STORY AND CONTRIBUTION

The contribution I want to make towards assisting us to explore steps we can take towards building our future, has emerged over the last 30 years. I am a trained intuitive counsellor and assist people with life's questions and problems and the development of our sensitive (psychic) perception and nature. In 1989 I felt called to come face to face with money in the sense that when we transform our use of money into a caring force, it's like turning a mystery key, which can flip our whole culture over into *the more beautiful world our hearts know is possible*.

I learned to move from fear to love in my relationship to money and started looking at every financial and economic transaction to see whether the action was led by love throughout.

This resulted in developing a vision for a love-based economy and a Care First World, where the economy, culture and our exchange system (monetary, complementary, barter or anything else) is led by the heart. I started a Scottish Charitable Company *World Finance Initiative* in 1996 and developed the Care First approach to money which I will share with you in the next chapter.

In 2004 we developed a workshop "[Meeting the Mystery of Money](#)" where people can explore and transform their relationship to money on a deep cellular level. We assist them with making the shift from Money First to Care First, applying it in their personal lives, in community settings and in the greater world. We facilitate the shift from fear to trust and from feeling victimised to becoming a creator in relation to our lives with money.

TODAY'S WORLD

Let's begin with looking at the money world,
what money is in our economy
and how it affects our lives.

Why does it have such a powerful position in our lives?
Why is it true that, in a certain sense, money makes our world go round?

Money is a means of exchange,
that is needed for most of what we need for our daily living.
We need it to receive our part of the Earth's Gift
This surely makes it an intimate part of our world.
It gives money a position, where it can have power over us if we allow it to.

Money has a strong relationship to ownership.
When we buy something it becomes ours
and we legally own the things we purchase.
This makes the money world ownership based.
This connection to ownership can give money itself a lot of power.

Most of us feel that we need to earn our living and make money.
This tends to be an individual effort, something we do alone.
It is up to us to acquire our piece of the pie, which is not given to us.
We work hard for it and can choose to go into
battle and competition with each other.

An environment like this can foster the forces
of greed, fear, desire for power, possessiveness and selfishness.
It is also the birthing ground for a Money First attitude,
"We need money first, because then we can have what we want
and have what we need"
We need to have money to have life.

OWNERSHIP AND THE EARTH

Ownership has become a completely natural thing to us.
We own our car, our home, our material possessions.
But what is ownership in the light of all that the Earth materially provides?
Do we own the planet? Do we own life? Do we own our children?
Can we own a gift?

I had an inner experience Christmas 1987.
 I was thinking about how we are using up the resources of this planet so quickly,
 when suddenly I felt a surge of love rising up from below,
 which I experienced as the love of Mother Earth,
 the Mother aspect of creation.

I felt that all material things are the expression of this love
 and that we need to learn to receive her love for us all.

I felt that once I truly received it, all I could do is share it.

Then I experienced that ownership, that saying to her gift “this is mine”,
 was almost like an insult to the love given.

In Native American Indian culture they very strongly experience
 that we do not own this planet.

Chief Seahtl says, in his famous speech, when the white man proposed to buy their land,
 “How can you buy and sell the sky, the warmth of the land. The idea is strange to us.
 If we do not own the freshness of the air and the sparkle of the water,
 how can we buy them?”

“Every part of the earth is sacred to my people.
 Every shining pine needle, every sandy shore,
 every mist in the dark wood, every clearing
 and humming insect is holy
 in the memory and experience of my people.”

“So if we sell our land, love it as we have loved it.
 Care for it as we have cared for it.

Hold in your mind the memory of the land as it is when you take it.
 And with all your strength, with all your mind, with all your heart,
 preserve it for your children and love it, as God loves us.”

When we say “this is mine” in a possessive way
 we separate ourselves from the Source, ourselves and the rest of the world.

When we are not grateful
 and want to show off with all our material goods
 we’re alone and without love.

As soon as we receive the Gift in gratitude,
 we feel connected to the Source, to ourselves and
 our world and are full of love.

Possessiveness creates separation,
 but when we steward (take care) of the Earth we are one with all life.

It is nice to have our own home and privacy,
 but it remains still a part of the Whole
 and of all life and is never really our possession.
 It remains the Gift it is.
 A Gift for all, of which we can take care of one part.

WHAT IS A CARE FIRST WORLD?

We apply Care First when we put care first
 and let money serve that care.
 We apply Money First when we put money first
 at the expense of what we care about.
 I see Money First and Care First as the two aspects of our test with money.

In a Care First World,
 we use money in service of our caring, our values and our passion.
 We use it in service of the well-being
 of ourselves, each other and the Earth.
 Care First creates a love based economy.

In a Money First World
 we use money at the expense of our caring, our values and our passion.
 We use it at the expense of the well-being
 of ourselves, each other and the Earth.
 Money First creates a fear based economy.

As we enter the Money First aspect of our life and culture we meet an illusion.
 We look for money without looking for care, life and spirit and hope
 to find something but enter emptiness and find nothing.
 This can lead to anger and frustration and can open
 the careless and destructive side of our nature.

As we enter the Care First aspect of our life and culture we meet truth.
 When we aim for care, life and spirit and use money to serve that aim
 we enter fullness and find everything.
 This leads to satisfaction and happiness and opens
 the caring and constructive side of our nature.

When we work for money
 at the expense of our values, passion and caring

we are not happy with the work,
only happy with the money we receive
and the material well being it gives us.

When our work is the expression
of our values, passion and caring
we are happy with that work
and happy with the money we receive.
We are happy on all levels.

When we feel we need to take a job for money
and are not expressing our real selves;
are not making our unique contribution to our community and Earth,
we are in a sense wasting our time and have less time, energy and willingness
to care for our community and the Earth.

This is different when we do the work we love
and money comes our way as we do it.
Then we are happy and it is easier and more natural for us to care.
We are not wasting our time and are full of purpose.
Isn't that what each one of us wants to feel?

When we look at Care First and Money First inside of ourselves,
we can see that when we live in Money First,
we're tense, alone, in separation, fearful and depressed.
When we live in Care First,
we're strong, vibrant, happy and most of all in harmony with ourselves.

Care first stabilises the world, because it stabilises our psyche.
Care First sustains the world because it sustains us.
Money First destabilizes the world and is not sustainable.
Can you see what will happen to our world when we move from
a Money First to a Care First attitude?



Our logo shows the image of a Grecian Goddess kneeling unto the Earth, pouring 'golden' water out of a blue pot. The golden water symbolizes transformed money because its use is guided by love and care. When the golden water comes in contact with the Earth it falls on wounds caused by money abuse to people and the planet and heals them. The blue pot symbolizes the Earth itself, the space in which we transform the money. The pink color in the words (which you can't see in this picture) symbolizes togetherness and collaborating in a heart intelligent manner.

CREATING A CARE FIRST WORLD

A Care First world is a world in which care for the well-being of people and our planet comes first. Money is used to make well-being possible. Everyone can provide for their basic human needs and develop themselves. We care for the Earth, who provides us with so much materially. We experience the Earth as a gift we can share with each other.”

THE TRANSFORMATION OF THE MONEY FLOW

This transformation can be described as a movement from fear, greed, selfishness, possessiveness and desire for power towards caring, loving, sharing, giving and receiving as the drivers for our use of money. This flow builds the world and doesn't break it down. It is an incredibly profound change and more essential than ever. It is

already seen by many people as the only way to preserve our planet and to live the life we all desire in our deepest essence.

THE WAY OF THE HEART

“We work with the understanding that we, as humanity, have the freedom to regulate the flow of money according to our deepest wishes and heart’s desire and that there is no need to accept the mess we are in; that, together, we can find the clarity to heal the financial world at its heart and that this is the same as the healing of our own heart. The healing of our own heart will give us the clarity to direct money in this new way. The way of the heart is fully applicable in business.”

In paying our employees, we can express our appreciation for the work they have done and for who they are. In paying our suppliers, we can show gratitude for their service, and give support and care for their business. When our customers appreciate our business because we provide quality and care for them, they gladly pay us. We can all be happy when fair profits are being made. Then we can add well-deserved value above cost, by which we can be supported in our livelihood. When the financial exchanges among people are fair and mutually supportive, it is a win-win situation for all. It is caring and supportive. It is real togetherness and sharing.

We can re-organize our society, economy and money system by creating a healthy money flow across all sectors and establishing a fair distribution of what the Earth materially provides us with.

THE FOUR ACTIONS

In order to create a Care First World I see four shifts we can make from one level of experience and consciousness to another.

First action:

To move from a place where we try to get and take our piece of the Gift, towards standing around the Gift together and receiving and sharing it.

Second action:

To move from ownership to stewardship.

Third action:

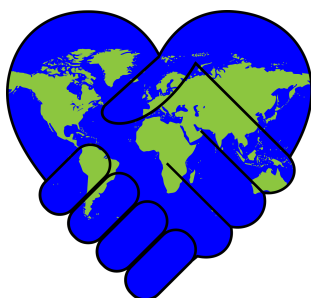
To move from a use of money based on our greed, fear, power, selfishness and possessiveness to a use of money based on caring, sharing, loving, giving and receiving.

Fourth action:

To move from a Money First attitude to a Care First attitude.

WEWORLDWIDE

A home for heart intelligence



Hand in hand we stand for the world we wish to live in.

We have looked at the Care First application to money and life creating that constructive flow of golden water, which heals the damage caused by all manifestations of Money First. We've looked at receiving and sharing the Gifts of the Earth, acknowledging everyone's equal right to their fair share of the Gift: meaning that everyone can provide for their home, food, education and healthcare.

In 2017 we started WeWorldwide - a home for heart-intelligence - activating the unique workings of our individual and collective heart intelligence and facilitating collaboration in an heart intelligent manner.

HEART INTELLIGENT COLLABORATION

Living from our hearts, deeply listening to ourselves and each other and all that is and remaining humble. When we meet from this place of letting our hearts and minds speak to the issues at hand, a place opens up among us that serves us all.

Resolutions are being found in a common ground created by that heart intelligence and our common sense.

WeWorldwide is a movement with an online platform. It opens up the space for people to be supported in who they really are and the contributions we each make towards creating the world we all wish to live in. We create visibility for all the great work being done worldwide shaped by the intelligence of the heart.

The platform offers the tools to find each other, collaborate and co-create. Members are offered a **personal and group key process**. These key processes explore the activity of our heart by which we intelligently respond to our environment and fulfill our life purpose. It speaks of our true self in a very clear manner. We become conscious of the unique way by which we contribute to our world community as individuals and groups.

We created WeWorldwide as a membership based online platform to collaborate in a safe and heartfelt manner. For more information go to www.weworldwide.info

We work with a conscious intention of moving individually and collectively through the bottom of the U ([Otto Sharmer](#)). This means crossing profound thresholds by moving through our deepest pains to gain more love, wisdom and strength.

We combine deep personal transformation with the transformation of how our systems work and we organise our societies. With this approach we focus on the restoration of the eco-systems mentioned: the Earth, the people and our societies (community).

BUILDING A CARE FIRST WORLD TOGETHER

We are taking a new initiative to build a Care First World in a heart intelligent manner. Care First has inspired many people worldwide in their personal lives and within their initiatives. But we have been looking to implement a more widespread application of Care First. In our new initiative, we are intending to bring everything together that has been building in consciousness and action over the years with engaged colleagues (www.carefirstworldwideweb.com)

The aims we pursue

- 1) To explore how to spread the message of Care First worldwide, so that many more people/organisations can apply it in their decision making.
- 2) To activate a collaborative effort on how to practically build a Care First World on an individual, local, national and international level.
- 3) To explore the details of how to shift from Money First to a Care First World.

To accomplish this we are experimenting with:

Care First Round Table

To collaborate on- and offline in a heart intelligent fashion and explore how we can build a Care First World together. We held [our first session](#) on Humanity Rising.

A Research Project

A research project, where we work with what people share about how we can build a Care First World. Listening to and working with the voices of all people.

Collaboration with other organisations

To join forces and collaborate with many organisations pursuing the same goal.

We've been and are connected with many, but want to unite our efforts more.

You can see the organisations we are connected to at the end of the document.

We are projecting a 10 year plan (2020-2030) in line with the time period that scientists and many people give themselves to reverse the Climate Change Emergency and save our planet for generations to come. The director of Ted Talk Chris Anderson together with Lindsey Levin from [Future Stewards](#) started a Global Initiative called [Countdown](#) to champion and accelerate solutions to the climate crisis, turning ideas into action.

In order to restore the ecosystems I mentioned, it will profoundly assist us to make a breakthrough in our attitude towards how we use money and create an exchange system that truly serves the wellbeing of people and planet. We cannot allow the reversing of the Climate Change Emergency to be halted by continuing to ruin the ecosystems for profits gain (Money First).

WHAT WE HAVE DEVELOPED SO FAR

MEETING THE MYSTERY OF MONEY

This workshop was developed in 2004. We have used it internationally offline (USA, UK and The Netherlands) and since May 2020 online in many more countries.

The workshop in many ways can be seen as a beating heart of the Care First Movement. We've done many workshops and every time people are experiencing similar pains in their relation to money and choose for the Care First approach, both individually and collectively. This unified experience creates a very hopeful picture for resolving our issues and we aim to show this more clearly in our upcoming Research Project.

At present the workshop is being organised online on request with 6/7 participants.

For more information or to request a workshop [click here](#).

BOOKS AND ARTICLES

[Dare to Care](#) - a love base foundation for money and finance - was published in 2011 by Cosimo, New York. (English)

[Care First](#) - geld dienstbaar maken aan het welzijn van de mens en Aarde - was published in 2015. (Dutch)

Articles have been placed in Cygnus Review (UK) and New Financial Magazine (Netherlands). See www.carefirstworldwideweb.com

[A Care First World Vision](#) - opening speech by Louis and Sandra Bohtlingk at [Socially Responsible Investing Conference](#) in the Rockies 2001.

VIDEOS

[What is Care First?](#)

[Care First in action and thought](#)

[Hazel Henderson interviews Louis Bohtlingk](#) about his book *Dare To Care*.

[Shifting from a Money First to Care First Economy](#) (Truth and Reconciliation Summit)

CARE FIRST INNOVATION NETWORK

We created a *Care First Innovation network* in 2013, an international, all generational network of people and organisations sharing the intention of creating a Care First World. I quote from our invitation letter:

*“The power of **Care First** is similar to the power of the word **sustainability** as a directive for human behaviour. The understanding of Care First can change any person’s behaviour and attitude very quickly. As soon as they grasp it, which often takes less than 5 min, they can begin to consider its application. Of course there is more to learn, but because it is so simple and practical it has the potential to spread itself quickly over the globe. It is a language and living reality that can be understood by anyone, whatever their level of education.*

We are looking at the possibility of changing the whole system from the inside without the need for the whole system to collapse, before change can occur. All that needs to collapse within the system is every place where “harm is done for money’s sake” through our Money First attitude.

By understanding Care First/ Money First we can transform these aspects in any organisation, government and individual life and create systems fully based on the practice of Care First.”

We formed a founding group of 100 members from 12 countries, aged 12-75 and have been growing ever since. In 2015, I received an inspiration to expand this

network to 12 million members.

We have created a very powerful network of individuals, mainly from the USA, UK and The Netherlands who are deeply supportive of the Vision for a Care First World.

WEWORLDWIDE

[WeWorldwide's](#) seed was sown in the Netherlands in October 2017 with a gathering for individuals and organisations wishing to create more visibility for their work and facilitate connections and collaboration worldwide. We are now getting the platform ready to serve our collaborative effort to build a Care First World in a heart intelligent manner.

CONNECTED ORGANISATIONS

[Future Capital Initiative](#) - co-creating conscious economies.

[Findhorn](#) - world renowned spiritual community and eco-village in Northern Scotland.

[The New Financial Forum](#) - a platform for a new financial world.

[OQConsulting](#) - bringing gender equality around the world. Economy of care.

[Masterpeace](#) - creating peace together in more than 40 countries.

[Economy Transformers](#) - Dutch organisation renewing the economy.

[Wellbeing Economy Alliance](#) - individuals and initiatives creating a well-being economy. Good to watch a [Ted Talk](#) from Nicola Sturgeon, Scottish First Minister who intends to work with a well-being budget for Scotland. It is already applied in New Zealand and Iceland.

[Weworld Network](#) - women's entrepreneurs worldwide network creating world peace.

[Earthwise](#) - a thriving and caring world in harmony with Life and Cosmos.

[Peace Trails](#) - sound weaving the living Earth.

[Philanthropy for Life](#) - discover a new source code for human enterprise.

[Living Co-creation](#) - [Hummingbird Ranch](#) - building a co-creative culture.

[Dreamtank](#) - igniting youth around the world to innovate the future.

[Earth Guardians](#) - inspire youth to be effective leaders in the climate movement.

[Green America](#) - growing the green economy for people and planet.

[Ethical Markets](#) - creating a sustainable, green, more ethical economy worldwide.

[KINS Innovation Network](#) - kindred spirits collaborating to manifest a thriving Earth.

[Triodos Bank](#) - [Co-operative Bank](#) - two ethical banks we use and support.

[Soul Branding](#) - to humanise high performing companies.